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Lauren Goodger

**I'M UNDER 24HR
SURVEILLANCE
TO STOP MY
BINGEING**

Reveal

**Katie's
nightmare**

**I FEAR I MAY
LOSE MY BOOBS
FOREVER**

TOWIE'S BILLI MUCKLOW & CARA KILBEY

**'We want our babies to
be best friends like us'**

**BITCHING,
BACKBITING &
FULL-ON GLAMOUR!**

**REVEAL READERS
REVIEW**

**50
SHADES**

I didn't
want it
to end!

Much
better than
the book

Jamie
Dornan is
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ISSUE 7



**We join
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4

Katie Price
risks losing her boobs
if she doesn't focus on
getting healthy



Queen of mean

I have been a newspaper and magazine columnist in my time and the trick is to be outspoken in a fair-minded, amusing way, bringing to attention thoughts that were at the corner of everyone's minds but not yet articulated, or to make a counter-intuitive argument to a commonly held view which is both surprising and thought provoking.

The thing you should NEVER do is be absolutely vile about everyone and everything. If you go down this route, it's not long before someone will call you a 'hard-faced, backstabbing, cruel excuse for a human being'. This is what Anne Nolan branded Katie Hopkins after the Big Brother and Apprentice rent-a-gob tweeted 'droopy breast' jibes about her sister Linda Nolan, 55, while she battled breast cancer.

Katie is seemingly unrepentant and went on to tweet a fat jibe about Coleen Nolan. This is on top of mean things she said about Katie Price after appearing to strike up a friendship in the CBB house and her crass observations 'I don't like fat people' and 'I wouldn't like to meet a ginger in the dark'.

All this bitterness is good for grabbing headlines, but in the end, newspapers, magazines and other forms of media don't want to be associated with hate figures.

I predict this media pundit will have a short, sad career.

Jane Ennis EDITOR-IN-CHIEF

8

Kim Kardashian West
drags poor baby North to
Kanye's fashion show



11

Lauren Goodger
vows to lose three stone after her
'beached whale' holiday snaps



22

Fifty Shades Of Grey
Three readers give their verdict
on the film everyone's talking about



12

TOWIE girls
Exclusive goss from the
Essex girls on set in Tenerife



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'I MAY LOSE MY BOOBS, forever'

Distraught Katie Price risks losing her breasts after her body rejected her implants, but Kieran's helping her cope

She admitted to being in a lot of pain during her winning stint in the *Celebrity Big Brother* house, after her seventh boob job resulted in complications. And now Katie Price risks being forced to have her implants permanently removed after her body rejected them.

'Katie faced her worst fears as doctors told her to get to an operating room immediately or lose her implants forever,' our source says. 'She couldn't believe her ears. They warned painkillers and antibiotics wouldn't fix her and that an op was imminent, but she didn't want to believe it.'

Katie, 36, had her large implants removed in December and went from an E to a C cup – but the procedure went wrong. She entered the *CBB* house on 16 January with a gaping wound in her chest and was clearly in pain. She endured painful swelling, couldn't move her arm properly and admitted she was on a cocktail of drugs to help fight the infection and pain. 'I'm so sore, you have no idea,' she said.

Three weeks on, Katie was still seen clutching her boobs when she was crowned the *CBB* winner and has now flown to Belgium for an emergency surgery to fix the botched breast enhancement.

EMERGENCY OP

'Katie is going back under the knife, but surgeons were hesitant to operate until her infection – which has taken serious hold – had improved,' says the source. 'She has had a procedure done and is awaiting a second operation to fix her properly. She's been warned that if she doesn't rest, her body will reject the implants and her health will be put at serious risk.'

Friends say the star is 'in a bad way' and has suffered both tissue and muscle damage.

'Katie is far from out of the woods. If she doesn't take recovery seriously she could end up with blood poisoning and having to have both implants removed permanently,' adds the source.

'She's told her friends she could smell herself going bad and regrets leaving it as long as she did to get treatment. Katie says she's learned a lesson and is just pleased she's in good hands now and is being looked after.'

Doctors even wanted to remove her from the *CBB*



house as the infection in her left boob was so bad.

'I was in such a bad way they wanted to pull me from the show,' she said. 'I said: "No, you have to make it possible for me to finish." And it's lucky I did because I won.'

KIERAN IS HER ROCK

Despite her health worries, Katie's looking forward to renewing her vows with third husband Kieran Hayler, 27, once she's recovered – and friends say he's been her rock.

The mum-of-five's so grateful for the support Kieran's given her, she has finally forgiven him for cheating with her two best friends while she was pregnant last year. And she's even offering him a revised pre-nup that will give him more security.

'Kieran has been amazing for Katie this year, he really couldn't have done more,' says the source. 'It meant the world to her to know he would be there when she came out of the *Big Brother* house. And to know that her children would have the security of Kieran while she was in there was so important. He's been taking great care of





She's regained her trust in cheating Kieran

her since she left the show and he was the first person she went to hug after her victory.'

Since the ex-stripper underwent therapy for sex addiction – something she credits with saving their marriage – friends say the pair have formed an unbreakable bond.

'Incredible as it sounds, Katie feels she's learned a lot from Kieran as he's gone through therapy,' says the source. 'He's been incredibly honest about himself and it's been a very painful process for him, but it's made Katie respect him in a way she never did before.'

'The biggest thing is that they've been forced to sit down and really get to know each other, without sugar-coating anything. I don't think Katie's ever had that before – not even with Pete [Andre]. Kieran really puts her needs first and it's made her fall in love with him again.'

This new-found closeness led Katie to make the brave decision about the pre-nup. 'Katie realises that insisting on a watertight pre-nup was hardly a ringing vote of confidence in their relationship. So she'd like to put that right now.'

The pair – who have 18-month-old Jett and six-month-old Bunny together – are now looking to the future and finally being a proper family.

'Katie is fed up with being emotionally crippled,' says the source. 'She wants to be able to love Kieran like she loves her kids – with no holding back. It's a beautiful thing but it's also scary. Both Katie and Kieran are still emotionally raw, but by renewing their wedding vows they feel they can start again. That can only be a good thing for everyone concerned.'

Kelly Jenkins

Yougossip.com / Katie Price



Harvey, Junior, Princess, Jett and new baby Bunny welcomed home their exhausted mum after CBB

Photos: Rex Features, Yougossip, Xposure
Katie uploaded this image to Twitter via you gossip a photo sharing app that raises money for charity

'I'LL ONLY GET married once'

With her wedding day fast approaching, Michelle Keegan talks hen parties and designing her own dress...



Mark Wright and Michelle Keegan are set to wed in the spring

Michelle Keegan and Mark Wright's upcoming nuptials have been shrouded in mystery ever since their romantic Dubai engagement in September 2013.

The wedding is sure to be as extravagant and bling-tastic as one of Mark's *Strictly* costumes and it's set to take place in a matter of months. The picture-perfect couple are naturally brimming with nervous excitement.

Talking about their day, Michelle, 27, exclusively tells us: 'You only get married once and I want it to be just right.'

She said in a recent interview: 'We looked at castles, grand country houses and amazing hotels... we knew [our venue] was The One. As we drove away, we both said, "I love it!"'

The couple, who were dating for just nine months before former *TOWIE* star Mark, 28, popped the question, have endured their fair share of hurdles.

Despite setting up home in Mark's native Essex in June, Mark and Michelle's hectic schedules (Mark has been competing in the *Strictly* tour while Michelle filmed her new BBC drama, *Ordinary Lives*) have meant spending a lot of time apart.

'I LIKE SIMPLE WEDDING DRESSES'

When we catch up with Stockport-born Michelle at the London launch of her new spring/summer collection for Lipsy, she tells us she's looking forward to wedding planning and having time out with Mark.

'I haven't stopped. I finished filming last month and Mark finished *Strictly* last week so we're looking forward to spending some time together,' says Michelle.

But it looks like they'll continue to have a long-distance relationship, as they commit to projects at opposite ends of the country.

'We might go on holiday but we're both just so busy. I've just signed with a beauty

company and I've been offered a new role which will be up north again.'

Forget Kim Kardashian West, we are practically falling over ourselves to catch a glimpse of Michelle's gown.

'I couldn't find one I really liked so I took inspiration from various dresses and it's being made for me,' Michelle says, adding: 'I like simple dresses and that's my style so I'm not going to change it. I have definitely been quite hands-on in the designing process.'

She also hints at the style of dresses she's chosen for her seven bridesmaids, including former *Coronation Street* co-star Brooke Vincent and Mark's sisters Jess and Natalya. 'They'll be traditional,' she teases.

SIN CITY STAG DO

But before they even make it down the aisle, an insider says that Mark is planning one last boozy blow-out, and it's set to involve three stag dos!

Naturally, there's a night out in Essex, followed by a wild weekend in Las Vegas, organised by his brother and best man Josh. They've also roped in Nicola McLean's estranged hubby Tom Williams, who runs a concierge business in Sin City, and is organising their trip.

And if that wasn't enough time spent with the lads, the groom-to-be is also heading to Austrian music festival Snowbombing with his pals, including *I'm A Celebrity*... camp mate Pat Sharp.

But it doesn't look like Michelle and her pals will be sitting at home with face masks and a pizza while the boys are away.

'I'd love to go to Vegas for my hen night. I'd fly all the girls out and it'd be like *The Hangover*,' Michelle says. We hope the groom doesn't go missing like in the film!

Lauren Hills



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THAT'S ENOUGH, KIM!

Poor North West looks hot and bothered in what looks like real fur as she once again joins the fashion pack wearing a ridiculous outfit. Mum Kim Kardashian West paraded her visibly upset 20-month-old baby girl around at the Adidas show of dad Kanye West's latest collection in New York, even though the environment was far from child-friendly. Do not be fooled: these fashion bashes are hot and crowded, with the music pumped up to full volume – all extremely distressing for a child. Unsurprisingly, little Nori burst into tears and had to be taken out by her mum. Kim, who has been criticised for wearing real fur, rocked up to the bash in a wolf coat by Nina Ricci. Why would you dress your child in such a get-up? We wouldn't be surprised if Nori grows up to hate the fashion business her parents are so keen to get her into. Her memories of occasions like this will haunt her. She's not an accessory, Kimye, she's your child.

NO PLACE FOR A BABY

Puff Daddy, Jay-Z, Beyoncé and US Vogue editor Anna Wintour looked unimpressed as North, sitting on Kim's lap, wailed her way through the Adidas Yeezy show in New York

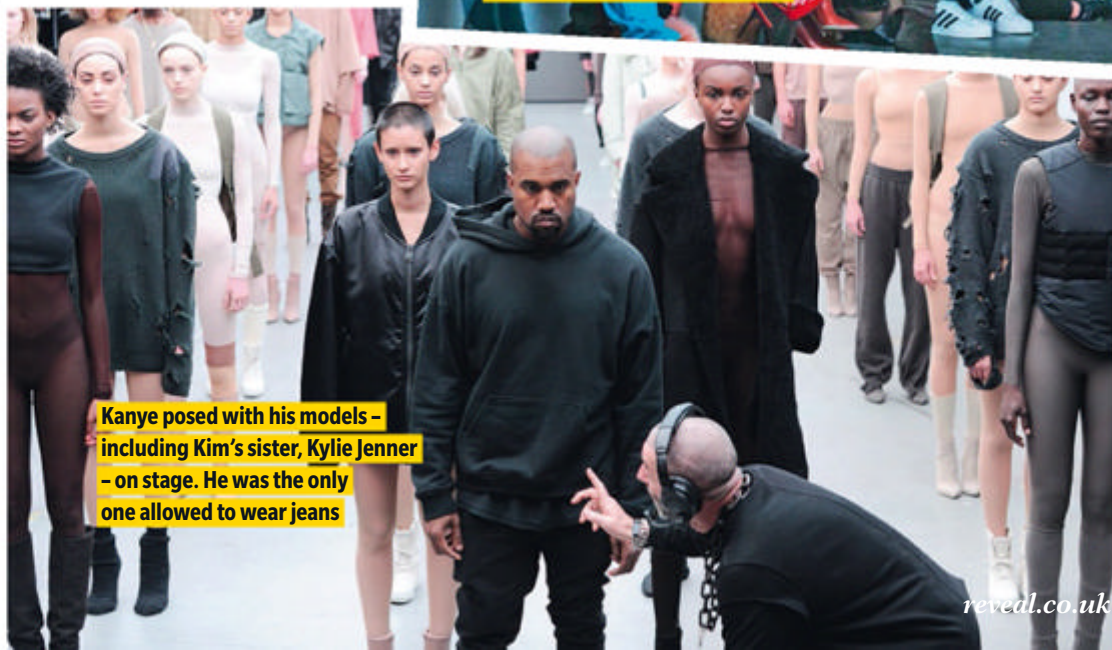


Kim was dressed by her husband in a brown leotard, crop top and camouflage jacket. She proudly tweeted: 'My look for the Yeezy show! Yeezy head to toe!'

We weren't the only ones bemused by the idea of a 20-month-old attending a fashion show. Jay-Z, Beyoncé and Vogue editor Anna Wintour's faces say it all



After failing to calm North down, Kim took the irritable tot backstage – to the front row's obvious relief



Kanye posed with his models – including Kim's sister, Kylie Jenner – on stage. He was the only one allowed to wear jeans

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Lauren's 'beached whale' holiday pic was a wake-up call



Personal trainer Richard Callender has worked with Lauren before



Oo-er, is her tracking device giving the game away?

LAUREN ENLISTS CHARLOTTE'S TRAINER

TO SHAPE UP

Determined to drop 3st, Lauren Goodger is working with the fitness expert who transformed *Geordie Shore* star Charlotte Crosby's body

No one was as shocked as Lauren Goodger, who called herself a 'beached whale', when looking at unflattering bikini pictures of herself on holiday in Egypt.

Currently the heaviest she's ever been, weighing in at 12st 9lb, she is hell-bent on shaping up once and for all, admitting the embarrassing pics have 'given me the push I needed to sort my body out'.

So much so that the ex-*TOWIE* star has enlisted the help of Richard Callender, the personal trainer who's credited with whipping *Geordie Shore*'s Charlotte Crosby into incredible shape.

Richard describes himself on Twitter like this: 'Think less of me as a PT & more like a new pal who inflicts pain.' He's worked with Lauren before, helping her tone up before she gained weight again.

Geordie reality TV star Charlotte, 24, went from size 16 to 8 in six months with Richard's help. He's known for his strict, no-nonsense methods, and has also worked with Vicky Pattison and Katie Price.

It's a drastic move and pals say Lauren, 28, who's failed to stick to diet and fitness regimes in the past, is already struggling.

'Lauren's practically signed her life over for the next six months. She can't relax as her trainer's at the other end of the phone, barking orders at her like an army drill sergeant. She's terrified!' says a friend.

FITNESS DVD DEAL AT STAKE

It's understood Richard has got size 12 Lauren wearing a fitness tracking device, and hounds her to be more active if he sees she hasn't raised her heart rate or step count each day.

'It's crazy,' adds our source. 'Lauren will be sitting on the sofa and she'll get a text telling her to get up and go for a walk. She can't relax. But it's working.'

Just two weeks in, Lauren's body, which is used to calorific treats and boozy blow-outs, is struggling to adapt to the healthy new regime. But with talks of a money-spinning weight-loss DVD deal on offer (like Charlotte's best-selling *3 Minute Belly Blitz*), Mark Wright's ex-fiancée is determined to prove the doubters wrong.

'She's suffering but she can't wait to step out looking amazing and shock everyone who said she couldn't do it,' the pal reveals.

SWEATING IT OUT

Lauren has already swapped junk food for home-cooked meals and hit the gym hard.

'I want to be toned, healthy and muscly. I want to look completely different,' says Lauren. And she's vowed to shed three stone.

Last week she worked out a whopping five times, racking up 200 lunges and 100 sit-ups. In fact, the Essex girl has been so busy, she hasn't even had time to upload as many of her notorious selfies as usual.

Emma Hunt

TOWIE IN *TENNERS!*

TOWIE's back! Our reporter Rebecca Greenow flies to Tenerife to share a cocktail or two with the Essex girls, gets ALL the gossip on the new series and finds out why so many of them are single

Lydia **'I'M OPEN TO DATING AGAIN'**

Much as we love James 'Arg' Argent, he threw a diamond away when he cheated on Lydia Bright in 2012, and he's been regretting it ever since.

Despite being briefly reunited when *TOWIE* was in Ibiza last year, much to fans' delight, it's over for the childhood sweethearts once and for all.

'I had a thing with James but I've been single for two years and I enjoy it,' Lydia, 24, tells us.

'I had my fair share of

heartache but I've grown up a lot, so now I'm just enjoying myself. I'm open to meeting someone but I'm not in a rush.'

But being in the public eye isn't all rosy, as Lydia says: 'A lot of guys talk to me so they can brag to their friends.'

'Others are intimidated. You have to work out who's in it for the real thing.'

Lydia was only 18 when she first started seeing Arg, and says it was a case of too much too young. 'But when you fall, you fall,' she says.



Lauren

'LEWIS IS A STUPID LITTLE BOY'

Lauren Pope has met a few bad lads along the *TOWIE* way (Lewis Bloor and Kirk Norcross, we're eyeballing you!) so we'd like to see her meet the man of her dreams soon.

Looking flawless on the terrace of their plush hotel in Tenerife, the 32-year-old DJ tells us that while she's in no rush to find a fella, she won't rule it out. 'I didn't have any drama last series – apart from with Lewis. And that was just a blip,' she tells us.

Not only did Lewis, 24, cheat on Lauren, he also joked about having sex without protection and then insulted her age. But it backfired when female fans took to Twitter in support of Lauren.

'I think everyone saw what an idiot he is – he's a stupid little boy,' says Lauren. 'It was very ungentlemanly, ungraceful. When a girl sees another girl being treated like that, they come out in support of her because they probably know how it feels.'

'On the day we filmed that, I felt like s**t but I came back next day and I was completely over it. I'll go for a real man next.'





Jess

'I WANT NEW EYE CANDY!'

Ricky Rayment has been parading his new love interest, *Geordie Shore*'s Marnie Simpson (see page 45), around Essex, but guess what? Jess Wright couldn't care less!

Sunning herself with her gal pals in 'Tenners' (it's totes the new Marbs, FYI), Jess is looking forward to the new series of *The Only Way Is Essex* – which, we've been reliably informed will have some hot new men joining.

'I do hope for some new boys for the new series, or should I say men,' Jess, 29, tells us, perhaps having a dig at 24-year-old Ricky, who she split up with in November.

'I won't complain at all if they bring new guys in, it's always nice to have some eye candy.'

Speaking of which, it's rumoured that Jess has been seeing former rugby player and *Strictly* star Thom Evans, 29. So as soon as we join her for a margarita in the hotel lounge, we quiz her about this potential pairing.

'My love life is good at the minute but I'd say I'm single. I've spoken to Thom a few times and he's a lovely guy but I'm keeping whatever happens in my love life private for now,' she laughs.

Anyway, whoever Jess' next beau is, she's not the only Wright he has to impress.

'I have to vet her men first!' says her cousin Leah Wright, 36. 'She's made some bad relationship choices but she's in a good place at the moment. We've got the old Jess back, she's stress-free now.'

'I'd like to see her with someone who's roughly her own age and is a strong man. She's realised her mistakes, now she can move forward. I'm confident the next man she meets will be Mr Right.'



The girls' gay BFF, Bobby Cole Norris, is also looking for romance after splitting from Harry Derbidge last year. 'We're all looking for love. Essex has never been so single,' he tells us.

Billie Faiers and BFF
Ferne McCann enjoy
some sun in Tenerife

Ferne

'I'M THE MATCHMAKER'

No one is more excited to see new Essex love matches than Ferne McCann. While the 24-year-old is loved-up with Charlie Sims, 23, she's hopeful her pals will be getting a lorra lorra love soon.

'Oh my God – I love matchmaking!' she tells us. 'I've got a "client list" of people I like to set up. Poor Jess is at the top, and there's a long queue of men I'm trying to set her up with.'

'But none of the people I've matched so far have actually got together, so maybe I'm not really a good Cilla Black.'

'I set Mario Falcone up on a date once with an absolutely gorgeous girl. They went out but then he met his current girlfriend, Emma. Oh, well, maybe next time!'

Bubbly Ferne can't wait to get the girls into a Tenerife karaoke bar, but she's also excited to return to her man in the UK... and perhaps an engagement ring.

She wants her kids to be the same age as those of BFF Billie Faiers, 25, who has a seven-month-old daughter, Nelly. She'd best get her skates on, then. Make it happen, Charlie!

Turn over for more TOWIE in Tenners ➔

TOWIE IN *TENNERS*

Gemma 'I DON'T WANT ANY MORE DRAMA'

She's the one they call The Queen Bee of Essex, and while she's often central to some of the most explosive *TOWIE* storylines, Gemma Collins tells us she's turning over a new leaf.

'I'm just having a lot of fun, so there won't be any major dramas from me,' she tells us.

True enough, the usually bubbly star is more reserved than usual during our chat, sipping on water and letting her best mate Bobby Cole Norris do most of the talking.

But she tells us: 'Me and Bob are settled in our lives, so it's nice to take a step back.'

Gemma's had her fair share of arguments over the years, most recently her on/off bickering with Ferne McCann (although they both assure us they're mates again). Now she admits that when she's involved in a row, 'it feels like the biggest thing in my life. You can get consumed by it.'

She adds: 'Some people have an opinion others don't like but, ultimately, you stick by each other and have each other's back.'

'It's like having a sister – you can say something about her, but God help anyone else who does!'

We notice Gemma, 34, and Ferne getting on well during their first evening together, even planning their night out at a local karaoke bar.

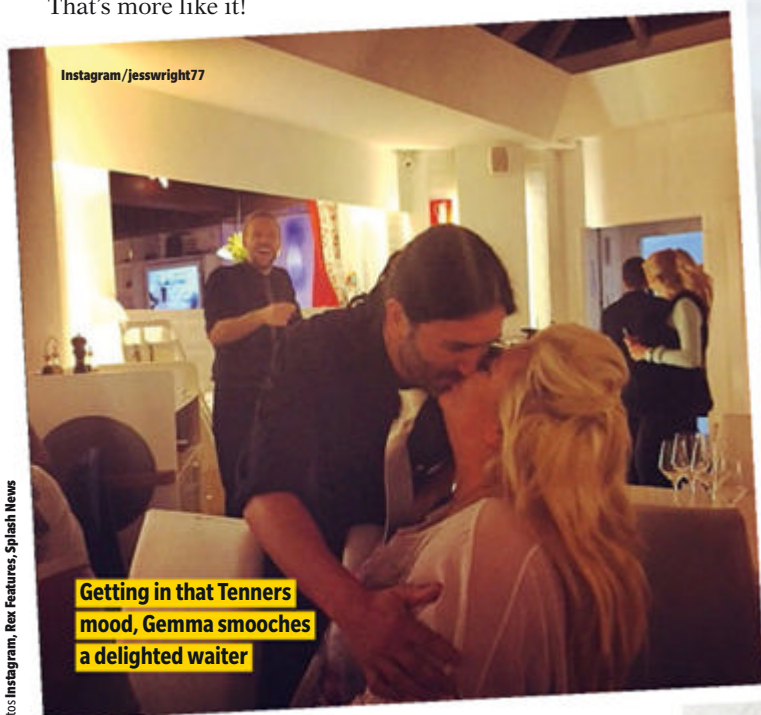
However, there still seems to be a hint of rivalry. It's getting towards the end of our interview, and Gemma has relaxed a little. When asked who would be likely to steal her crown as Essex's number one, Bobby, 27, cheekily quips: 'Someone thinks they're the Queen of Essex...'

Who could he possibly mean, Gemma?!

'Just say it, Bob... it begins with an F!' she laughs. That's more like it!



While tension has been brewing between Ferne McCann and Danielle Armstrong, Dani denies there's any bad blood. 'There are no major falling-outs,' she says. 'All the girls had so much fun on the plane on the way over here.' Let's see how long that lasts...



Instagram/jesswright77

Getting in that Tenners mood, Gemma smooches a delighted waiter

Billie 'I CAN BE A BITCH, BUT I DO IT WITH A SMILE!'

The key to dominating *TOWIE* airtime? Messy relationships plus major fall-outs. But much-loved Billie Faiers has kept her romance with fiancé Greg Shepherd private and has steered clear of any bust-ups – despite being on the show since the beginning.

So how has she managed to stay relevant? 'I can be a bitch but I do with with a smile!' Billie tells us, then flashes a grin.

'Everyone says to me, "You do have your digs but you get away with it." I'm not involved in a lot of drama myself but I do find myself caught up in it – for example, giving advice to Ferne or Jess.'

Billie's seven-month-old baby daughter, Nelly, is with her on the trip and is

being looked after by her mum, Suzanne.

'This is Nelly's third *TOWIE* holiday,' says Billie, 25. 'First it was Marbella, then Dubai. She's getting so much attention off all the girls. I've warned them: after this holiday, you'll be going home wanting one!'

And soon there may be another mini Faiers joining the girls on their *TOWIE* trips, as Billie tells us she's hoping to be pregnant again in the next year.

'Greg and I want to get married next September, but we'll probably have another baby first, so we've got a lot to be getting on with,' she says.

'I told Greg that if we have two babies by the time of our wedding, I'll need a few months to get into shape for my dress.'

We don't think Billie has to worry about pinging back into shape after baby number two – she says she was back in her size 8 jeans soon after Nelly was born.

But she says that vanity will always come second to looking after her daughter: 'Since having Nelly, I haven't been to the gym. I don't think my body is at its best but I'm really happy.'

'I think you become more laid-back as you get older, especially when you have babies, because that's your priority.'

On screen, it may be all the *TOWIE* babes getting the attention – but off camera, Billie's mum Suzanne (pictured right) is a hit with the fellas: 'All the boys fancy her!' says Billie.



Read all about Chloe's bust-up with Elliott on page 32

Chloe 'LEAVING MADISON WAS HARD'

Chloe Sims arrives in Tanners a few hours after the rest of the girls, opting to stay at home a bit longer to pack her daughter off to school.

As soon as she gets to the hotel, Chloe receives a FaceTime call from nine-year-old Madison, and looks visibly upset.

But surely she's looking forward to a few days of sun, sea and girlie fun?

'Yeah...' she says, before sighing and admitting: 'Well, no. I mean, I'm excited as I can be, but at the start of every new series I always feel anxious.'

The 33-year-old beauty has enjoyed spending time with Madison over the last two months while the show's been on a break, as well as working in her salon, Chloe's Beauty Bar in Brentwood, Essex.

And it seems the novelty of filming in sunnier climates has worn off for her.

'Coming back to this – I can't describe it,' Chloe says solemnly. 'You have to give 100 per cent to the show, but I'm a mum, so last night I'm laying there looking at Mad, thinking, "I don't want to leave her."'

'She went off to school this morning and I felt really sad. But I know once I get back into work mode I'll be fine.'

Chloe, who suffers from anxiety, adds: 'Before every series, I say I'm going to stay out of the drama, be gracious and not get involved. Then somehow, I get sucked in.'

'It's like a bubble, and sometimes you're spending six weeks in it with people you wouldn't usually chose to be with.'

Luckily, half an hour later, Chloe has settled in and is all smiles as she reunites with the *TOWIE* girl gang over a bottle or two of vino.

Rebecca Greenow



DIARY DATE
The new series of *TOWIE* starts Sunday 22 February at 10pm on ITVBe

There's more behind-the-scenes gossip from the girls in Tenerife at reveal.co.uk

Kylie & Kendall BRANDED CRUEL AND INSENSITIVE

As Kardashian patriarch Bruce Jenner recovers from a tragic car crash, his daughters Kylie and Kendall's decision to go partying is causing a family rift

Bruce Jenner's headline-making month took a tragic turn when he was involved in a four-car pile up in LA that resulted in the death of a 69-year-old woman.

The father-of-six has been devastated by the crash that killed neighbour Kim Howe after his black Cadillac Escalade smashed into the back of her white Lexus. It's been suggested that Bruce's car also hit another vehicle in the accident.

Police are investigating the incident and if it's found that the reality TV star was driving too closely to the car in front he could face charges of manslaughter.

Pals say the horrifying incident, just a week after his gender reassignment plans were made public, has turned 65-year-old Bruce's life into 'a nightmare'.

Sons Brandon, 33, and Brody Jenner, 31, from his second marriage to actress Linda Thompson, have remained by his side since the crash, worried for their dad's welfare.

But his daughters Kylie and Kendall's (and their half-sisters Kourtney, Kim and Khloé Kardashian) noticeable absence from their dad's side has caused a huge family rift, and Bruce's sons are furious at their thoughtlessness.

Kylie and Kendall, his girls from his recently dissolved marriage to Kardashian matriarch Kris Jenner, have instead been showcasing their hectic party schedules in several Twitter selfies – with no public recognition of their dad's ordeal.

A source tells us: 'Brody's so angry with his younger sisters right now. Both he and Brandon completely tore into Kylie and Kendall for going out partying rather than be by their dad's side.'

'Both boys have often complained about how selfish the girls are, but this lack of awareness was just incomprehensible.'

'There's a major sensitivity chip missing with those two,' our source adds.

Shortly after the incident two weekends ago on the Pacific Coast Highway in Malibu, Kendall, 19, was seen rushing to

her elder sister Khloé's house, but just a few hours later joined Kylie, 17, for a night out with their brother-in-law Kanye West, Justin Bieber and Jennifer Lopez at a Big Sean concert.

Kylie, who left the bash with rapper Tyga, posted a group shot on Instagram the following day. She then put up a trademark selfie of her pouting in the bathroom mirror as if nothing had happened.

'The problem is that Kylie and Kendall have become almost immune to the family dramas over the years,' our source says.

'They've been taught by their sisters and their mother that the show must go on, so it's likely they didn't realise it was that serious – or that Bruce would be so affected.'

'But it's shocking that they'd go out and post selfies of them partying while their dad's at home, crumpled into a ball, losing his mind over the fact someone has died.'

RED CARPET POSES

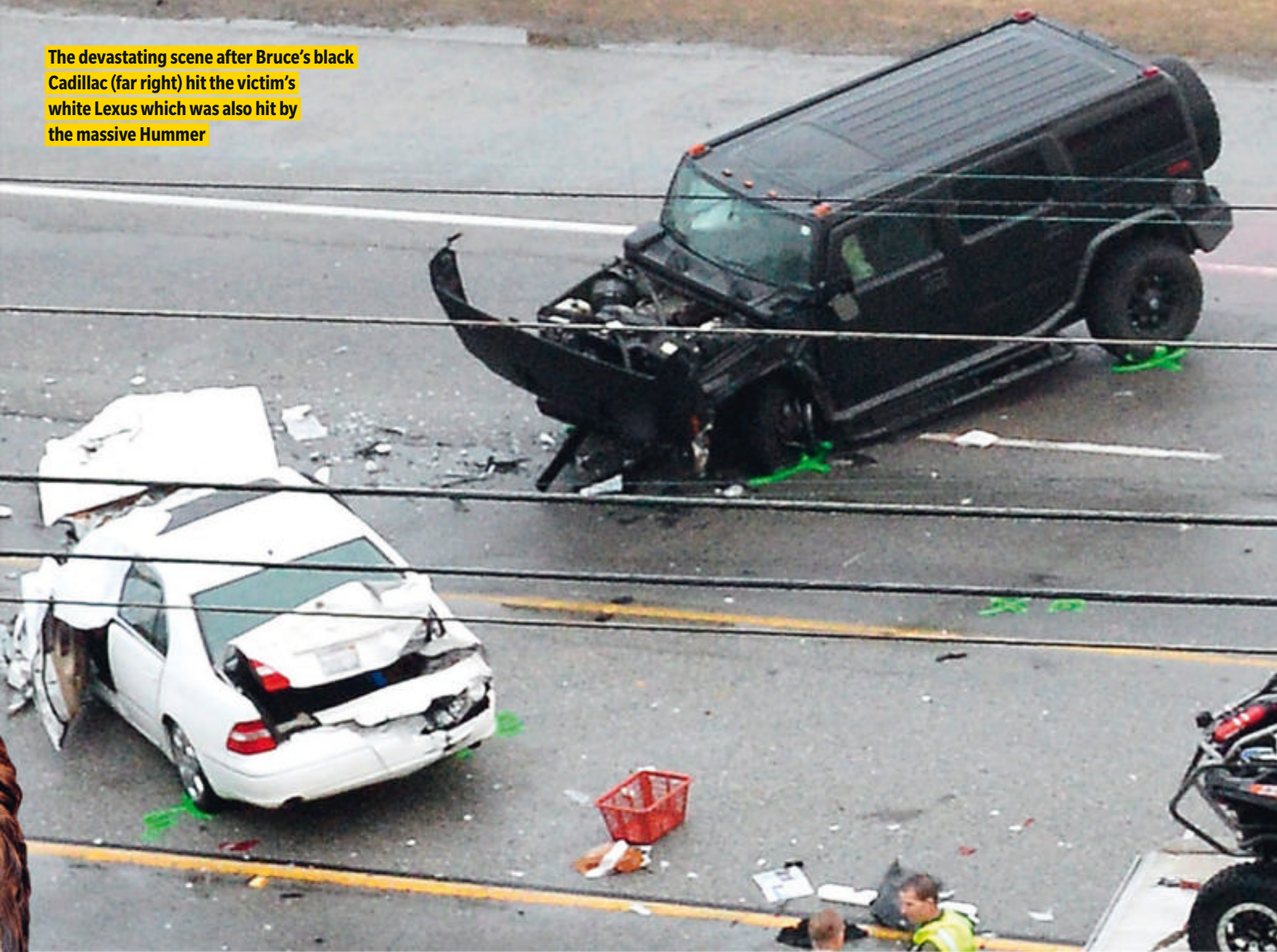
Living by the famous showbiz motto 'no publicity is bad publicity', the girls then joined sisters Khloé and Kim at the Grammy Awards the day after the crash and willingly posed on the red carpet.

Kendall then flew to the East Coast for an AIDS benefit in New York – her third very public outing in the four days following the incident.

The girls – known to millions worldwide in



The devastating scene after Bruce's black Cadillac (far right) hit the victim's white Lexus which was also hit by the massive Hummer



Bruce has sent his 'heartfelt and deepest sympathies' to the family of the dead woman

Keeping Up With The Kardashians – don't know a different life to one they've led in the spotlight.

In a recent interview, Kylie admitted: 'I can't remember a time I wasn't followed or people didn't know my name. It's crazy to think about.'

NEW EMBARRASSMENT

It's safe to assume that Bruce must be made of steely stuff after enduring his own fair share of family dramas, but the girls' snub is just one of many battles the former athlete is facing.

In a statement, Bruce said: 'My heartfelt and deepest sympathies go out to the families and loved ones involved in this terrible accident.'

But the crash hasn't helped with the attention he's been receiving at a time he'd rather be out of the limelight.

It's been widely reported in the US media that Bruce – who spends an estimated £66,000 a year on beauty products and procedures – is making the life-changing transition to live life as a woman and had been planning to unveil his reassignment plans on his own terms as part of an E! TV show.

Now, his face and drastically changing image – namely his long ponytail and the appearance of

breasts – have been plastered over several media outlets once again.

'Already he was in a fragile state of mind after making the enormous decision to come out about his sexual transformation but now he's questioning everything about his life all over again,' says our insider.

ROUND THE CLOCK WATCH

Meanwhile, Brody and Brandon are taking measures into their own hands and have given their younger sisters a stiff talking-to.

'Brody's now organised for them all to take turns keeping a full-time eye on Bruce.

'He wants a round-the-clock watch on him and has ordered the girls to step up and stop taking their father for granted,' the source says.

'Bruce has put so much of his life on hold for them and has supported them through some terrible scandals, it's only fair they do the same for him.

'Since his gender transformation was confirmed, it's fair to say Kylie and Kendall have kept their distance.

'Bruce has taken this really hard and the girls need to step up and support him,' our source adds.

Lauren Hills

BRITAIN'S GOT TALENT IS

We go to the first day of the BGT auditions in London to hear the judges dish the dirt on each other



'Amanda's tough... she's notorious'

ANT & DEC

Our favourite TV hosts let us in on some juicy gossip, revealing who the real *BGT* bully is backstage. And surprisingly, it's not Mr Cowell. It's butter-wouldn't-melt Amanda Holden, who is apparently a right bossyboots behind the scenes.

'Amanda is a taskmaster,' reveals Declan Donnelly, 39. 'She's notorious in the industry for being tough on those who work for her... a lot of punishment goes on.'

In fact, the boys are so scared of her that they admit they've never even made her a cup of tea as they're scared of getting her order wrong!



AMANDA HOLDEN

Living up to her feisty reputation, Amanda Holden certainly doesn't hold back when it comes to dishing the dirt on her fellow judges, as she tells us, 'Simon is the biggest diva, 100 per cent. We never start on time because he's always late!'

Not one to pull any punches, cheeky Amanda, 43, even has a sly dig at funnyman David Walliams.

'David has a lot of food demands... but then you can tell he likes his food,' she laughs.

'Simon keeps us waiting like a diva'

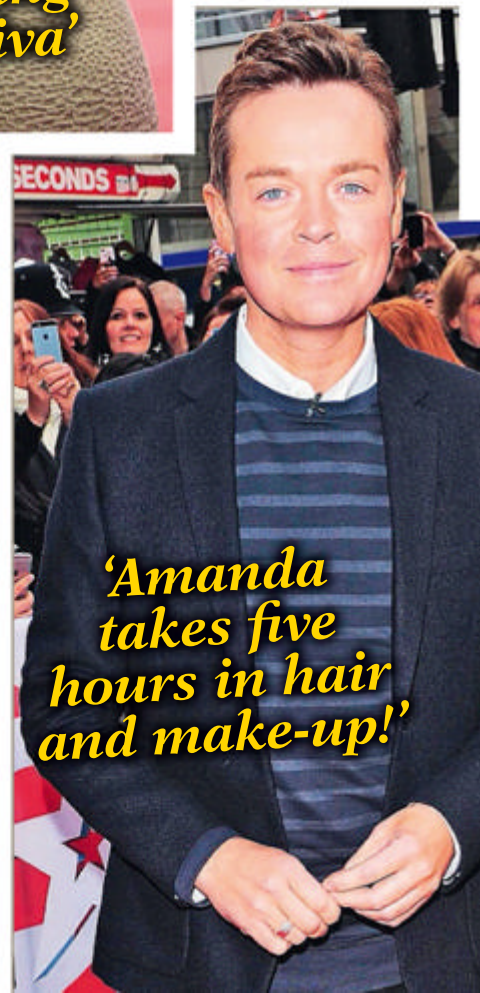
STEPHEN MULHERN

Britain's Got More Talent presenter Stephen Mulhern certainly knows how to wind up Amanda Holden, as he reveals to us her diva-like backstage secret.

'She takes about three hours in make-up and two hours in hair!' Stephen, 37, tells us with a laugh.

Unluckily for him, Amanda isn't happy when she finds out about Stephen's digs. She swiftly quips back: 'I take two hours for hair and make-up in total, I'm going to kill him!'

Looks like you'd better watch out, Stephen...



'Amanda takes five hours in hair and make-up!'

back!



'David is doing all our heads in'

ALESHA DIXON

It certainly doesn't take long for Alesha Dixon to spill who's getting on her nerves the most this series, as she tells us of David's glee in flaunting his recently won National Television Award for Best TV Judge.

'David is doing all our heads in – we can't say one bad word to him without him pulling out his award and putting it on the desk or standing up and pointing out how he's the public's favourite. He loves to rub it in all our faces!' the 36-year-old tells us.

Simon is particularly irritated by David, Alesha admits: 'Simon is gutted David won the award over him. I think he would have rather seen Mary Berry win!'

Alesha assures us that it's still very much girls versus boys on the panel, as the two men continue to gang up on her and Amanda.

'Simon has the most annoying habit of making hissing cat noises whenever Amanda and I give constructive criticism to a woman, even if it's nice! He's a real wind-up.'



'Fatherhood was unexpected'

SIMON COWELL

Our favourite TV meanie Simon is also quick to have a quip at his co-stars, in particular his rival David.

'David Walliams' rider is something like seven pages, it's the most extraordinary list of demands I've seen in my life,' Simon, 55, reveals. 'People aren't allowed within eight metres of him when he's filming, aren't allowed to make eye contact, and if they come to serve him tea in the dressing room they have to walk out backwards. It's insane.' We think he's joking...

Aside from the joy he gains from showing up his frenemy David, the music mogul really lights up when the talk turns to his son Eric, who celebrated his first birthday on Valentine's Day.

Simon says: 'I'm feeling great about everything. The last year has been unexpected but good. I'm really enjoying fatherhood.' He also tells us that little Eric is attending the auditions that day, as it's clear that Simon finds it hard to be without him.

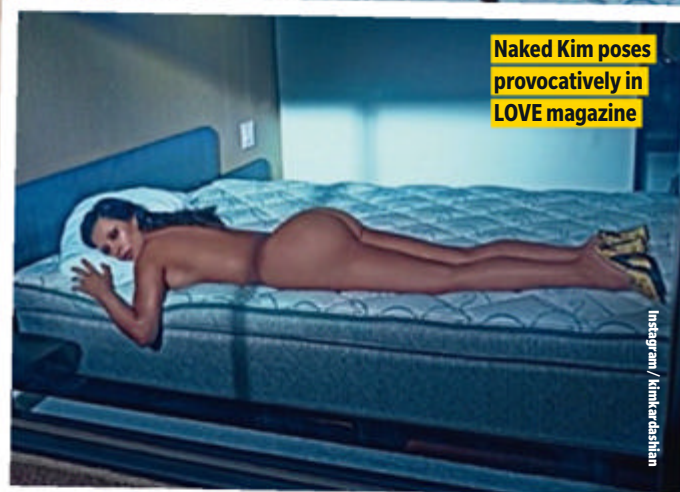
'Unfortunately, I didn't get to see Eric on his birthday as he went back to New York, but we celebrated on Friday. I bought him so many things, including his own electric Bentley car,' he says.



DAVID WALLIAMS

Judge David Walliams, 43, is otherwise occupied, as he's busy making his grand entrance, being carried in on a sedan chair by four hunky half-naked gladiators. Seems his NTA gong's gone to his head.





Kim's BOOTY CALL

Not only is Kanye in control of what Kim wears, he's also directing how she looks in the nude as she unveils her womanly bod in yet another risqué fashion shoot

After the sneaky peek of Kim Kardashian West's photoshoot with *LOVE* magazine we gave you last week, the 'high-fashion' snaps are now out in all their naked glory... and they make Kim's notorious nude shoot with *Paper* mag look like a 12A.

The pictures are eye-watering explicit, but while most husbands might be jealous of their wives getting their bits out for the world to see, mum-of-one Kim says husband Kanye West is her biggest supporter and encourages her to show off her enviable figure.

'I like nudity. Kanye always says, "Dress sexier." He's always encouraging. He's the best stylist,' Kim tells the magazine.

Unsurprisingly Kim, 34, revealed it was Kanye, 37, who chose the plunging gold gown she wore at the Grammy Awards – her first public outing since the magazine's release.

'Kanye styled me tonight,'

said Kim at the event. 'He said, "Babe, do you like this dress?" and then it was sitting in my closet. He said, "I've got your dress for the Grammys." I'm the luckiest girl alive.'

And as our main pic shows, a usually grumpy-looking Kanye gleefully grabbed Kim's most famous asset and practically lunged in for a kiss on the red carpet. It's a clear indication that, despite ongoing split rumours, the two are still in the honeymoon phase.

BEDROOM SECRETS

Kim also makes it clear to *LOVE*'s guest reporter, model Cara Delevingne, why Kanye can't wipe the smile off his face.

Opening up about the most intimate details of their sex life, Kim reveals her favourite position is 'from the back' ('There is no such thing as too big') and that she enjoys 'every aspect' of their relationship.

The *Keeping Up With The Kardashians* star also admits it took three marriages, plus a few mistakes – such as the sex tape with her ex, rapper Ray J – to find The One.

'My first marriage [to music producer Damon Thomas] was when I was a teenager and I was thinking, "Oh s**t, I'm in Vegas and my parents don't know about this. My dad's going to kill me."

'The second marriage [to basketball player Kris Humphries]... I was 30 and I really wanted to be married... I only realised afterwards that he was not the right person.

'This marriage feels different.'

Kim says the couple's main focus, taking priority over their careers and public profile, is providing 20-month-old daughter North West with a sibling who, she hopes, will continue the Kardashian legacy.

'I think having a couple of kids helps and to have brothers and sisters is so important. [Motherhood] is the best thing that's ever happened to me. So I will drop anything to have another baby.'

'I think I'll just take it baby by baby and see how it goes.'

Lauren Hills





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SO DOES FIFTY SHADES *live up to*

'MUCH BETTER THAN THE BOOK'



LAURA HUNT, 26, A BUYER FROM LONDON

'Like a lot of people, I read *Fifty Shades* because of all the hype and thought the storyline was pretty bad – it was just sex scene after sex scene.

However, when I heard that super-fit Jamie Dornan had been cast to play Christian Grey, I wanted to see this movie! And surprisingly, it's actually good. Not half as cringeworthy as I'd expected, and way more enjoyable than the book.

There's a real comedy aspect to it, though I'm not certain if that was intentional. In a few sexy scenes, Jamie (or Christian) smirks and everyone in the cinema was laughing. In fact, all the most memorable scenes are the

ones that made me laugh. Like when Christian goes into the DIY shop where Ana works and asks for cable ties and rope, and she doesn't realise he means to use them on her...

Though I'm a big Jamie fan, Dakota Johnson outshone everyone. She came across as the vulnerable and nervous virgin, just as Ana is meant to be.

What's most shocking, or surprising, is that there isn't actually that much sex in the film, which is good because some of the scenes are graphic! There's enough to intrigue you without it turning into a porno.

Sadly, you don't get to see Jamie in full frontal. But you do see Dakota naked, which seems like a play on the whole submissive thing – you get to see her but not Christian because, of course, he's in control.'

RATING:
4/5

'IT HAS AN IMPORTANT



LEILA AL-MUSA, 22, A STUDENT FROM NORWICH

'The only disappointing thing about this film was when it ended – I wouldn't have minded if it had gone on for longer!

I had no idea about Jamie Dornan, who plays Christian Grey – I haven't seen him in anything else – but he's amazing. And though we don't see him fully naked, from the waist up he's very impressive.

I'm a fan of the trilogy. I loved the first book so much, I went out and bought the other two straight away. And I think the film lived up to it. The chemistry between Christian and Ana on screen is obvious. It's intense.

I was worried Dakota Johnson wouldn't

WIN!
Fifty Shades Of Grey
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including a poster signed
by Jamie and Dakota!
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entry info and terms
and conditions



EL James' erotic trilogy has sold more than 100 million books worldwide. Finally, the hotly anticipated Fifty Shades Of Grey film starring Jamie Dornan and Dakota Johnson has hit the big screen. But is it a pulsating sex-fest or a limp flop? Three Reveal readers give their views...

the hype?

MESSAGE'

be innocent enough to play Ana, but she was perfect. I think you can really identify with her.

This is the first movie I've seen that explores the world of BDSM (bondage, dominance and submission) in this sort of depth. I think it'll spur people on to try something new and it'll encourage young women to talk more about what we want from sex.

The scene where Christian goes through the contract point by point with Ana, emphasising the use of 'safe' words and her saying no to things she's not comfortable with, send out a really important message. Although she agrees to be his submissive, she still keeps control of her boundaries.

So if you're a little bit curious, go for it! Definitely not one to watch with your dad, though!

RATING:
4/5

'HOW EVERY GIRL WANTS TO BE KISSED'



STUDENT SARA CAROPPO, 27, LIVES IN NORTHAMPTON

'Though I haven't read the *Fifty Shades Of Grey* books, I felt like I already knew what happens – good girl falls for bad boy and wants to change him.

I've been waiting for this movie to come out for a very long time and yes, it was worth the wait. I really enjoyed it.

OK, so the storyline is a bit boring, not a lot happens. But Jamie Dornan is perfect for the role of Christian – so intimidating, so serious, so in control of everything – people, work, his emotions, and, of course, sex.

The sex scenes are realistic and very well done. It's not vulgar. And though I wouldn't have minded if it had gone

further, it might have turned the movie from mainstream to pornographic.

I particularly loved the scene where Christian first kisses Ana, the way he looks at her so intensely, the way he holds her. It's how every woman wants to be kissed! And when he's dominating her, the way he gazes at her body is really powerful.

I think this film will encourage women to explore their sexuality. You feel as though, if it's all right for a nice girl like Ana, who clearly respects herself, to try out these things in Christian's Red Room, then it's all right for you to try it too.

When I saw the film there were a few people in the audience laughing at the sex scenes, because they were embarrassed, I think. But I'm not that easily shocked!

RATING:
3½/5

Find out what Reveal thought of *Fifty Shades* at reveal.co.uk

MR GREY *has arrived*

With Rihanna's S&M blaring from the speakers and screams for Jamie Dornan and Dakota Johnson, it's the *Fifty Shades* London premiere – and we were there!

JAMIE: 'I'M MORE COMFY WITH MY CLOTHES ON'

In a dapper suit that wouldn't look out of place in Christian Grey's wardrobe, all eyes were on Jamie Dornan.

But while fans descended into high-pitched screeching, the gorgeous Irishman, 32, remained nonchalant, telling us: 'I don't think I'm a sex symbol. I'm still more comfortable with my clothes on than off.'

Although it's been reported that women are screaming out 'Christian' during sex with their other halves, Jamie insists: 'I think Christian is a tortured, troubled and very unhappy man.'

His comments could be a ploy to prevent wife Amelia Warner from watching the film. 'She wants to support me and my work but she doesn't want to see it,' he says.

NO RITA

Despite playing Christian Grey's sister Mia, singer Rita Ora, 24, wasn't at the premiere. The change of plan came just after it was revealed that Rita would no longer be heard in the film's soundtrack.

A SWIFT EXIT

Both Dakota and Jamie said they couldn't wait to see the film, but we noticed how they pegged it out of the Odeon Leicester Square after three minutes – exiting via the back door so as not to get caught!

GOODBYE ANASTASIA!

Dakota Johnson's character, English literature student Anastasia Steele, is painfully shy and prefers floral shirts and cardigans to latex and handcuffs.

But in contrast, and ignoring the sub-zero temperatures, Dakota, 25, dared to bare in a plunging cream dress by Saint Laurent.

Director Sam Taylor-Johnson, 47, revealed they waited until the final weeks to shoot the sex scenes.

'Jamie and Dakota had to trust each other first,' she says.

RAUNCHY!

Forget a romantic dinner for two, actress Denise Van Outen was accompanied to the premiere by Eddie Boxshall. The two have been dating since July but clearly Denise, 40, is looking to spice things up...

EL JAMES: 'JAMIE'S THE WHOLE PACKAGE'

He'd already been practising with cable ties, handcuffs and blindfolds for his role as serial killer Paul Spector in BBC drama *The Fall*.

So it's no surprise *Fifty Shades Of Grey* writer EL James tells us that Jamie Dornan was the ideal candidate for Christian Grey.

She quips: 'He's gorgeous, he perfectly fills Christian's shoes – and other parts!'

'He's a man who appears strong but is, in fact, very fragile. He's certainly a fixer-upper. And every woman loves a fixer-upper.'



Director Sam Taylor-Johnson, stars Jamie and Dakota with writer EL James

Lauren Hills



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fashionista

She's bitching her way round town bringing you what's hot, and what's really NOT. Remember, you read it here first.



Top, £8

Culottes, £12, Primark



£29, Marks & Spencer



£12, Primark

LILAC LOVE

Glad to see my favourite sweets, Parma Violets, are having an influence on the fashion world. Toughen this delicate shade up with edgy make-up and selfie-worthy jewellery as seen in the Primark campaign, or pick pale heels and wear with distressed, faded jeans.

If the mood takes you, you can change it up and look chic and polished with a mini cross-body bag and a 60s style coat.

It's also a great colour for showing off a tan, be it real or fake.



£56, Topshop

INSTA-GLAM

Check out these cute and cool fake furs which are sold only on Instagram by The Design Studio Hawarden.

These cool jackets are made by a mum and daughter from Wales and they're building up a celebrity following.

The jackets are priced at around £75 and are selling out fast. Suki Waterhouse has one and mine's on order, dahlings!



Instagram / thedesignstudiohawarden



Instagram / thedesignstudiohawarden



It's less than zero degrees outside but Kim Kardashian West's still determined to look hot at all costs. This outfit is the definition of the phrase 'freezing your t*ts off'. Kim, love, put 'em away for once - we all know they're there!

NEW NAIL ART ALERT!

Just when I thought Ciaté couldn't get any cooler, they go and launch another one of those 'wow I've never seen that before' products!

The nail polish powerhouse, with fans including Rihanna and Jessie J, has unveiled its Liquid Chalk range with a finish that's neither glossy nor matte, for £9 each.

I'll be wearing this classy muted shade with my head-to-toe lilac!



Photos: Getty Images

In brogue

Step out in style with these lovely lace-ups. Whether you opt for floral, metallic or pastel, show your feet some love



Pixie Lott loves her two-tone brogues with ribbon laces

Compiled by Hannah Whiting Photo Xposure

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£55, Marks & Spencer



£65, Office



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£45, River Island



£60, Clarks



£75, Jones



£30, Fearnie at very.co.uk



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£35, asos.com

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'OUR JOINT PR
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EGNANCIES ARE THE *surprise ever*

Former TOWIE stars Cara Kilbey and Billi Mucklow are inseparable best friends – and both are expecting babies just three weeks apart. The Essex pals tell us how they're supporting each other through their pregnancies...

It's easy to forget that Billi Mucklow and Cara Kilbey, TOWIE's former pair of peas-in-a-pod, aren't actually sisters. The best friends, both 27, grew up together, finish each other's sentences and joke during our exclusive shoot about looking like 'a pair of lesbian, surrogate mums-to-be'. And now they're going through the ultimate friendship act side by side: having their first babies together.

During our photoshoot at Billi's plush family home in Loughton, Essex, which is milling with friendly relatives – including Billi's clearly smitten fiancé, West Ham United striker Andy Carroll, 26 – we hear all the details from the girls.

In between their obvious excitement at the prospect of becoming mums just three weeks and three days (to be exact) apart, the girls admit that despite the perfect timing, it's all a happy coincidence.

'So many people have asked me if we planned it,' says Cara, who is expecting her baby in July. 'But I was already pregnant before I knew she was and didn't realise.'

Billi adds: 'We didn't plan it at all. We hadn't discussed trying for babies with each other but we'd spoken about both wanting to start families soon. I was ready to have a baby but I wasn't trying. It was a lovely surprise.'

'We're just at that age now and we're both happy in relationships – it's all happened at the right time.'

The girls squabble constantly during our shoot about everything from whose bump is better (Billi with her head start is noticeably bigger, which Cara isn't too happy about).

Then Billi pokes fun at Cara for wanting a natural birth, telling her it's the only natural thing about her (cheeky!).

And then they tell us how they guessed that the other was expecting.

Just call it BFF intuition...

'Cara guessed I was pregnant! She's like a witch. I'd only told my mum and sister about it, as I'd literally just found out,' says Billi.

'I was with Billi the week before and I picked up on a feeling that something was different,' says Cara. 'We spend so much time together, it'd be impossible to keep a secret like that from one another.'

'I was on holiday in Spain and we drove past a pharmacy and it was like a lightbulb moment. I just felt it. I said to my boyfriend, "I've got to ring Billi, now!" So I rang her and said, "Have you got something to tell me?" And she said, "Who told you? I've just literally this minute found out!" It was so spooky.'

So spooky, in fact, that the girls even joked there and then that Cara might be expecting, too.

'And look what happened! Cara rang me and said, "Guess what?" and I knew straight away.'

'As soon as I found out, it made me so much more excited,' Billi continues. 'And I was relieved not to be going through this on my own. This is the biggest thing we'll ever do together and there's going to be so much to come. Our

'We hope our babies will be best friends, like us'

babies will reach all their milestones together, starting school, even turning 18.'

It's meant the girls have grown closer than ever. They even share a midwife!

'She's looking after us both. We drive her mad asking about each other and comparing our scans and our progress,' Billi admits.

'Being pregnant has bought us even closer together. It's so exciting. I've always thought I'd like to be pregnant either with my sister or with my best friend,' she adds.

The only thing the girls don't have in common it seems, is a desire to know if they're having a boy or a girl.

'I always ask what Cara's having! But she won't tell me,' Billi pouts.

Cara says her decision to leave the gender of her baby as a surprise until she gives birth was a tough one: 'I decided not to find out what I'm having. Friends who did find out say they wished it had been a surprise, and those that didn't said it was extra exciting when the baby was born. I think I need one big surprise in my life!'



Billi and her footballer fiancé Andy Carroll can't wait to meet their baby



'Our babies will reach all their milestones together,' says Cara



'It's nice to be able to eat what you want!' says a blooming Billi

'We can't wait to be mums together'

Billi knows what she and fiancé Andy are expecting and is keeping it a close secret. But as an experienced auntie to her sister Georgie's little boy, she has some choice words for her friend.

'I think you'll have surprises enough when the baby's here, don't worry about that!' she quips.

While their respective partners are playing the doting dads and stepping up to the plate as birthing partners, the girls are slightly gutted they can't do the same for each other.

'It's a bit risky, as our due dates are so close,' Billi sensibly admits.

Despite doing everything together – shopping for milk thermometers (oh the glamour!) and choosing designer prams (Billi's got three, including a Stokke limited edition black one, a Bugaboo and a Diesel camo pram picked by Andy, fyi), they won't be holding a joint baby shower.

'We both want to be the centre of attention – plus, we'd have to share the presents!' says Cara.

'Originally, we said let's do a joint one. But because Billi knows the sex of her baby and I'm keeping it as a surprise, all that attention would be on her. I don't want it to be all about you, Billi!'

And Billi's going for a traditional theme: 'I want to do it in the colour scheme of what I'm having (pink if it's a girl, blue if it's a boy). It's the one chance to have all that attention on you, plus we'll get two parties out of it. Perfect!'

While Billi's keeping schtum about the

gender of her baby, she admits she and her fiancé are happy with a boy or a girl.

'I'm not worried, and Andy really isn't fussed at all. It's funny, though, because every girl wants a mini-me. At first we automatically assumed we'd both be having girls, and we joked they'd grow up together and be best friends like us.'

But Cara is convinced she's having a girl, so much so that she's already bought loads of cute pink outfits. 'We need two little girls that can be besties like us.'

While nights out at Sugar Hut will soon be a distant memory, the glam Essex mums-to-be are certainly getting into the swing of things to come.

'We're going to start doing pregnancy yoga and hypno birthing classes,' Billi reveals. 'It's nice for me to get out of my own yoga studio [she runs a local Bikram yoga centre] and it's more about us doing something together.'

While Cara has been missing her red wine fix, Billi is finding the lifestyle changes dictated by pregnancy a little easier: 'I do miss being sociable and having the odd glass of wine, though. You're very judged when you go out for having one drink but it is acceptable to have the odd glass or a spritzer.'

'I haven't drunk hardly at all. I had half a glass of champagne when I got engaged. I don't miss drinking but I miss a good night out.'

Cara adds: 'Plus, if I was pregnant and Billi wasn't, I'd be fuming and jealous. So I'm so glad we both have the same situation. It's made it so much easier for

us to stay in together. And not having a hangover's been nice!'

Both girls are relishing the chance to stop calorie counting. 'I'm eating a lot more now but I've carried on exercising,' says Billi. 'I know I can get my body back so I'm enjoying this time. It's nice to be able to eat what you want!'

And would the girls consider a return to *TOWIE*, buggies in tow?

'Our lives have changed a lot, but never say never,' says Billi. '*TOWIE* was a great experience, something we both thoroughly enjoyed.'

'But we've grown up and grown out of things,' Cara adds.

'I still love watching it, though, and we've stayed great mates with some of the cast. It would be funny if we went back – instead of walking around with dog prams we'd have actual prams. How times change!'

Emma Hunt



From dog prams to baby buggies: life has changed for the two best friends



HAS ELLIOTT LOST CHLOE SIMS TO DANNY CIPRIANI?

Rumours that Chloe Sims has exchanged texts with rugby ace Danny Cipriani have left her on/off fella Elliott Wright seething

Jealous spats and rumours of infidelity have dogged their eight-month relationship. And now that they have split up for a second time, just weeks after reconciling at Christmas, *The Only Way Is Essex*'s Chloe Sims is adamant that her relationship with Elliott Wright is over for good.

We meet Chloe, 33, in Tenerife with the *TOWIE* girls and although we were told the subject of Elliott was a strict no-no during our chat, she tells us: 'Elliott is the most competitive of the cast. Everything he does, he has to win. He's a bad loser.'

Chloe's scathing comment comes after their stormy romance plumbed new depths when they were caught in a heated discussion in the toilets at the National Television Awards last month. Insiders say the row erupted when Elliott, 34, found texts on Chloe's phone from a new admirer, thought to be England rugby ace – and Kelly Brook's ex-boyfriend – Danny Cipriani. Chloe is said to have met Danny through their mutual friend Vas J Morgan.

'Chloe and Elliott unofficially got back together on a drunken night at the NTAs,' a source says.

'They were in the loos at the do and when Elliott saw messages from Danny on Chloe's phone, he quizzed her about it and it quickly flared into an argument.'

JEALOUS STREAK WAS THE FINAL STRAW

After the awards bash, the pair briefly reconciled before heading to a nightclub, but Elliott was reportedly unable to keep his jealousy in check, which resulted in him smashing Chloe's mobile phone.

This isn't the first time we've seen dad-of-two Elliott's jealous streak – he also argued with mum-of-one Chloe about her former flame Mario Falcone, and she admitted she found his controlling ways difficult.

'He tried to tell me I couldn't go on another girls' holiday. I had to FaceTime him every night to show him I was in. He didn't trust me,' she says.

But despite the split, *TOWIE* insiders tell us Elliott's still besotted with Chloe,



Has Chloe chosen another bad'un in Danny Cipriani?



Reveal says

'We think Chloe could be heading for heartbreak once again with player Danny!'

and the pair continued to take swipes at each other on Twitter.

After Chloe's co-star Danielle Armstrong tweeted a pic of her pal with the caption: 'All eyes on this one tonight #watchoutTenerife,' Dani's boyfriend James Lock replied: '2 can play that game #boysnightout' with a pic of Elliott in a clinch with two girls.

To make matters worse, even though she was in Tenerife with Elliott's sister Leah and cousin Jess, she ended up rowing with Leah.

HEADING FOR NEW HEARTBREAK?

Despite ending the vicious circle she was in with Elliott, Chloe could be heading into the arms of yet another bad boy, as Danny has a reputation as a love rat.

Sale Sharks fly-half Danny – widely regarded as a ladies' man – has dated several famous faces, including Katie Price (who famously nicknamed him Danny Chipolata over the size of his manhood), Kelly Brook, model Jasmine Waltz and

Made In Chelsea's Caggie Dunlop.

Kelly told in her book how Danny sexted other girls and Katie claimed he'd sent her explicit messages behind Kelly's back.

His chequered history is bound to ring alarm bells for Chloe, who's previously spoken of the heartbreak she suffered after splitting from the 'love of her life' in 2012.

She told us then: 'My ex lied, cheated and I made every single mistake in the book with him. I was so infatuated and in love with him. He was my everything and I brainwashed myself.'

'He made me into quite a hard person when it comes to relationships. I can be vulnerable but I try not to be because that's when people take advantage.'

Lauren Hills

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**GET THE
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TABLET**



Google play **kindle fire**

SEARCH FOR REVEAL UK

Reveal style

RIHANNA

The 26-year-old songstress had a massive fashion fail in this £15,000 flamingo-pink 'extravaganza' by Giambattista Valli. Sorry, but it looked more like a loo roll dolly than designer.

JESSIE J

Jessie, 26, wowed in Ralph & Russo Couture – and rocked the perfect plum lip while she was at it. The singer's come a long way from *The Voice*, and looked every inch the red carpet regular.

MADONNA

Part matador, part burlesque dancer, the 56-year-old showed she can flaunt it with the best – or should that be worst? – of them, when she turned round to reveal a distinct absence of knickers under her Givenchy corset!

GRAMMY AWARDS

Red carpet rock AND SH

MILEY CYRUS

With toned down make-up, fresh-faced Miley looked surprisingly sophisticated in a revealing dress by Alexandre Vauthier. But the 22-year-old didn't miss an opportunity to flash a bit of flesh – obvs.

SISTER ACT...

Kendall and Kylie Jenner (with Khloé Kardashian) were the most glamorous family on show. We can't decide whose dress we love most, but Kylie, 17, gave fashionista Kendall, 19, and 30-year-old Khloé a run for their money in her breathtaking semi-sheer number.

KIM KARDASHIAN WEST

We couldn't help but notice Kim Kardashian West, 34, looked less than comfortable in her vintage Jean Paul Gaultier gown (or was it a dressing gown?) that apparently tore in the car on the way over. The jury's out on the dress, but we loved her messy long bob.



KATY PERRY

Katy Perry, 30, went head-to-head with Kelly Osbourne in the purple hair stakes and sizzled in a sheer beaded Zuhair Murad dress with a demure shape, but barely-there coverage!

KELLY OSBOURNE

Miss O, 30, chose a striking monochrome Christian Siriano fishtail gown to offset her lilac 'do – and took the fishy theme one step further with a very quirky clutch bag!

BEYONCÉ

Flaunting her cleavage in a plunging black lace Proenza Schouler gown with semi-sheer skirt, Bey, 33, nailed the perfect balance of reveal and conceal... watch and learn, Kim.

CHARLI XCX

The 22-year-old Brit singer made sure she stood out on the red carpet in an iridescent white Moschino suit... complete with pink bow tie, heels, and fur stole!

RITA ORA

The Voice judge Rita, 24, went for metallic overload in head-to-toe Prada sequins, with a new platinum crop. Never mind stealing the limelight – Rita was a human disco ball in this!

TAYLOR SWIFT

Gorgeous Taylor, 25, looked stunning in a teal ombre Elie Saab gown with contrasting fuchsia heels. Does this girl ever get it wrong?

ekers... OCKERS!

The stars pulled out all the stops for the Grammy Awards in Los Angeles – with mixed results!



Awkward! Calvin Harris and Rita Ora turned up to the same party

RITA AND CALVIN'S NEAR RUN-IN

Calvin Harris claimed he had a 'damn good reason' for splitting from Rita Ora in June last year, and we're sure there's also a pretty good reason they've avoided each other since.

So it was bound to be awkward for *The Voice's* Rita when she went to the same after-party as DJ Calvin and his new model girlfriend, Aarika Wolf.

Although Rita, 24, has moved on with designer Tommy Hilfiger's son Ricky, she attended the GQ and Giorgio Armani bash solo. Earlier that night, Rita ducked out of Roc Nation's party – the record label she shares with Calvin – to avoid bumping into him.

It was just one year ago that Calvin, 31, and Rita attended the Grammys together, but after splitting up in June, they had a bitter fall-out and Calvin banned Rita from singing their song *I Will Never Let You Down* at the Teen Choice Awards in August, although she's hinted her new album was influenced by their rocky relationship.

He told Capital Radio in November he hadn't seen the singer since March, and said: 'It's brilliant. It's great. It's just stress-free. It's beautiful.'

BACKSTAGE BACK

It's one of the most prestigious and glamorous events of the year, but when music's biggest stars united for the Grammy Awards, there was drama off-stage...



Katy Perry avoided Taylor and hung out with four-time winner Sam Smith instead

KATY AND TAYLOR – THE CLAWS WERE OUT!

Despite being two of pop's biggest sweethearts, Taylor Swift and Katy Perry dislike each other so much that organisers reportedly had to keep them apart.

A source said ahead of the event: 'They are doing their best to make sure certain people sit as far away from other people as possible. They are also making sure that those who are feuding or dislike each other don't cross paths in rehearsals.'

But at one stage, Katy, 30, had to walk past Taylor's seat but avoided any eye contact with her rival by looking at her phone.

The feud started when Taylor, 25, accused 'an unnamed' friend of 'trying to sabotage an entire arena tour' after Katy hired three of her backing dancers behind her back.

The *Roar* singer then hit back, labelling a friend, thought to be Taylor, a 'Regina George in sheep's clothing' – a reference to the bitchy character in *Mean Girls*.

And they're not just enemies in war, but in love too, as they have both dated singer/songwriter John Mayer.

Katy's on/off boyfriend, DJ Diplo, was also dragged into their spat last year, when he tweeted that Taylor needed to 'get a booty'. But Diplo posted an online pic of him and Taylor at the Chateau Marmont Grammys after-party – a snap that's sure to infuriate Katy.



Cheeky! Katy's ex DJ Diplo with Taylor Swift



Smile! Kim Kardashian West was fuming when Kanye jumped to Beyoncé's defence



KIM'S FURY OVER KANYE'S BEYONCÉ 'OBSESSION'

Their rivalry intensified after Beyoncé snubbed Kim Kardashian West and Kanye's Italian nuptials last year – and apparently there's still no love lost.

The Grammys saw Kim, 34, and Beyoncé, 33, in yet another run-in – but this time the blame lies with Kanye.

The rapper stormed the stage (see above) to defend Beyoncé's 'artistic honour', after she lost out to Beck for the Best Album Award. A source says that behind-the-scenes Kim was furious.

'Kim was so embarrassed by Kanye's outburst. She's starting to think the reason behind it is that he has a festering obsession with Beyoncé,' the source tells us.

'He stage-jumped Taylor Swift to defend Bey at the 2009 VMAs [after she lost out] and now he's at it again. Kim is putting the pieces together.'

Beyoncé and Kim haven't been pictured together for two years and this time their interaction was limited to posing awkwardly for the cameras.

Our source also says Kim is worried Kanye's trying to morph her into Beyoncé – who wore a similar gown to Kim at the glitzy do.

'Kanye tells Kim she should up her style game to follow Beyoncé's lead,' adds our source.

'Kanye regularly texts and calls Beyoncé to discuss music, but now Kim suspects he may have a huge crush on her.'

STABBING!



After Pharrell's snub, Taylor asked pop legend Madonna for some dance tips



PHARRELL VS TAYLOR

While Taylor Swift busted some dance moves from her seat, singer and producer Pharrell Williams showed he isn't a fan of the singer's moves.

Taylor showed she could Shake It Off to the music, but a bemused looking Pharrell, 41, sneaked a surprised side glance, just in time for a photographer to snap this moment. Brilliant!



THE BAFTA WINNERS

talk to Reveal

We caught up with the winners at this year's star-studded BAFTA film awards at London's Royal Opera House



JULIANNE MOORE

'I FEEL LIKE A BRIDE'

Julianne Moore, 54, said she felt like a bride on her big day after scooping the Leading Actress award for *Still Alice*.

'The awards season is like going to your own wedding every weekend because you put on a special dress, have your hair and make-up done and pose for pictures,' she explained.

'That element is fun but also odd. Me, Amy [Adams], Reese [Witherspoon], Felicity [Jones] and Rosamund [Pike] are all brides every weekend.'

The stunning A-lister missed out on a BAFTA a few years ago, so her 12-year-old daughter Liv made her one.

'I didn't win last time and when I got home, my daughter felt really bad for me so she made me one in art class. It's orange and I still have it.'



JACK O'CONNELL

'I DON'T KNOW HOW TO HANDLE ANGELINA'

After picking up the Rising Star award, Jack O'Connell opened up about his time with Angelina Jolie, who directed him in *Unbroken*.

'I don't know how to handle her,' he joked. 'I wouldn't try. She's married and I'm a Catholic boy. But if she calls to congratulate me, I certainly won't be rejecting the call.'

The ex-*Skins* star, 24, added he admires Angelina for juggling kids and her career. 'She does it all and goes home and mothers six kids,' he said. 'After a hard day I go home and complain. I need to up my game. She leads by example.'

Derby-born Jack says he's scared of being typecast as a 'young angry man', and wants to take on different roles.

'I wouldn't rule out a role in something like *Fifty Shades Of Grey*. I'd like to think raunchy's in my repertoire.'



Kasabian's Sergio Pizzorno told us he's shunning this year's BRITs after not being nominated. 'I'm going on a beach holiday,' he said. 'I'll be in the Bahamas.'



Mr Selfridge actress Kara Tointon was dying to snap selfies with the stars, but didn't want to embarrass herself. 'These actors and actresses are my idols,' she said. 'It wouldn't be the done thing to ask for a selfie!'

Actress Sienna Guillory told how some stars prepared for the BAFTAs. 'I've heard stories about people Botoxing their feet to survive the night in heels,' she said. 'Great idea. If you're not going to put it in your face, put it in your feet!'



EDDIE REDMAYNE 'I'M GOING TO WHISK MY WIFE AWAY ON HONEYMOON'

Gorgeous Eddie Redmayne was the man of the night, receiving the Leading Actor award for his role as Stephen Hawking in *The Theory Of Everything*.

The handsome star – who married Hannah Bagshawe (pictured left) in December and has yet to take her on honeymoon – said he can't wait to whisk her away.

'I'm loving married life!' he told us. 'As soon as I finish my next role I'm going to go and sit on a beach with my wife because she deserves it. I'll get a few new freckles.'

The 33-year-old star said he enjoys helping out at home: 'My wife has a proper job, so I cook for her.'

And he admits it's publicist Hannah, also 33, and family who keep his feet on the ground. 'Acting's a weird, wonderful train with lots of ups and downs,' he said. 'My brothers, sister, mum and dad and wife have been my rocks. They keep me grounded.'

While Eddie says there's no chance of his leaving London for Hollywood, he admits he likes to take advantage of the winter sun across the pond. 'There are a load of British actors who fly out there in January or February under the guise of auditioning,' he said. 'They tell their families that's what they've got to do, but really they're just trying to get some vitamin D and play a bit of table tennis.'

PATRICIA ARQUETTE 'PEOPLE SHOULD ACT THEIR AGE'

Supporting Actress winner Patricia Arquette had some choice words for Russell Crowe at the awards.

The actor had suggested actresses who complain roles dry up at a certain age should play women their own age and not try to play the 'ingénue'.

But *Boyhood* star Patricia, 46, says leading men like him should be cast opposite women of their age. 'As a human race we tend to breed with people who are within three or four years of our age,' she told us. 'But in Hollywood you have leading men cast against actresses who are 20 years younger. We have to call bulls**t on that.'

Patricia also said she shuns cosmetic surgery because it looks odd.

'I noticed at a certain point people started to look very strange and I thought, "I'm not going to do that."'

Kelly Jenkins

Photos: Getty Images, Rex Features



I WANT *what she's got!*

We show you where the celebs have been shopping this week



TAYLOR SWIFT

Leggy Taylor Swift proves black's never out of season in this super-cute skirt from missguided.co.uk. The singer wears it with platform sandals, an oversized tee, bowler hat and her trademark slick of scarlet.



oasis
£55

SAM FAIERS

We never knew bomber jackets could look this pretty! Fitness guru Sam shows off her super-toned stomach in this gorgeous butterfly bomber and matching clutch from Oasis, styled with colour co-ordinating neon courts. Nice work, Sam. Spring is in the air... we wish!



oasis
£30



CHARLI XCX

Fresh from the Grammys, the *Boom Clap* singer rocks her asos.com Ka Ching over-the-knee boots on her way to the Radio 1 Live Lounge. Paired with a shearling coat, who says you can't do a mini in February?

asos
£55





LIPSY
£80

MICHELLE KEEGAN

Launching her summer collection for Lipsy, bride-to-be Mich gives us a sneak preview of what's in store, in a soft belted trench and white tailored leather-look shorts from the brand new range, launching 5 March. We like what we see!

LIPSY
£35



accessoryo
 define yourself
£15



LAUREN POPE

Lauren hits Tenerife with the rest of the *TOWIE* crew and her regulation sunnies are firmly in place. Lauren's are from her brand new collection from accessoryo.com – we love their retro style, perfect for nailing this year's 70s trend.



A SLA

Doctors had diagnosed Suzi Taylor, 43, from Tadworth, Surrey, with everything from bipolar to schizophrenia but eventually they realised it was her periods that were turning her into a different woman every month

VE TO MY *hormones*

Lots of women complain about getting their period. But for me, they weren't just an inconvenience. They robbed me of 25 years and almost claimed my life.

I was a happy, carefree child. But when I hit puberty, I started feeling sad and couldn't understand why.

Then my periods started. They were extremely heavy and every month I'd cling to the toilet bowl, vomiting and passing out from pain. Instead of getting used to it as I got older, my mood swings intensified. I felt paranoid and persecuted.

At 16, I left home. My mum didn't know what to make of her "troubled teen" and, barely able to understand how I was feeling myself, I couldn't confide in her, so I moved out.

Alone in a bedsit, the rage and despair thickened inside me. I'd sob for hours, unable to stem the inexplicable grief that consumed me. I'd turn up to my job in a nursing home puffy-eyed and exhausted.

At 18, I saw a psychiatrist who prescribed antidepressants but they made me sleepy. I turned to booze and sex to escape, but the despair was never far away.

One evening, aged 21, locked in another crippling sobbing attack, I knocked back a handful of antidepressants with a glass of wine and closed my eyes. I was devastated to wake up in hospital three days later, after my landlord found me.

I was sectioned and spent two weeks in a secure psychiatric unit. Over the next few years, I was diagnosed with everything from bipolar disorder to schizophrenia. Yet I knew I wasn't mentally ill. In between bouts of rage and despair, there'd be days of sunshine, rays of the old Suzi.

At 23, I stumbled across an ad for travel reps. I applied, and to my amazement, landed a job in Menorca. It seemed like a fresh start and at first, I felt better. But my doppelgänger soon resurfaced. Whenever I was alone, the crying would start again.

At 25, I had a relationship with my manager, Tim*. Two years later, I fell pregnant with a son, Lewy. Instead of feeling joyful, I was overwhelmed and angry. I'd erupt over things like a spilt drink. Tim got fed up of my mood swings, so we split and I returned to the UK.

Later, we tried to patch things up but after I fell pregnant again a couple of years



She was a happy child until she hit puberty - her periods caused incredible physical and mental pain

'My baby seemed to turn into a giant insect in my arms'

later, we finished for good.

I gave birth to my second son, Sonny. Yet, instead of feeling low like before, I became manic, as if I was on drugs. I'd talk really loudly, attracting stares and comments.

Then, when Sonny was six weeks old, something inside me flicked. I woke up feeling horrendous. My limbs ached, the glands in my armpits swelled like golf balls and I could barely stand. I was diagnosed with mastitis - inflammation of the mammary glands in the breasts. But by the evening, I knew it was far more serious.

Breastfeeding made me retch. To my horror, my baby changed into a giant insect in my arms. In my hallucinations, wild animals and cartoon characters took over my flat. I dreamed I was chopping up my baby, and other times I forgot I'd had a baby at all. It sounds like something from a film, but to me it was terrifyingly real.

Somehow, I got myself to a psychiatric

unit and was diagnosed with postpartum psychosis - a psychiatric disorder that can occur following childbirth. It's thought to be triggered by the crash in hormones.

I was given drugs to stop the visions. But I was still desperately unhappy and it was only when I started recording my symptoms on a calendar that a correlation emerged. My moods followed exactly the same pattern every month. First,

headaches and irritability, then uncontrollable sobbing, rage, panic attacks and paranoia. By the second day of my period I'd feel "normal" again, only for the "mad woman" to barge back in a few days later. I couldn't believe I hadn't realised before.

I was referred to a menstrual disorders' specialist at the Chelsea & Westminster Hospital in London. He diagnosed PMDD (premenstrual dysphoric disorder) - an extreme form of PMS. I couldn't believe it'd

taken 25 years for someone to realise my condition was hormonal, not psychiatric.

By now, I was in a relationship with Dennis, who was incredibly supportive. We married in 2008 and I had our son Harry in 2010. To prevent the postpartum psychosis returning, I took hormones and antidepressants throughout my pregnancy.

But despite being in a stable relationship, with three gorgeous sons, every month I was plagued by suicidal thoughts, despair and anxiety.

I tried various hormone treatments but the results were short-lived. My symptoms were so severe, my doctor suggested a hysterectomy and removal of my ovaries and cervix.

I agreed wholeheartedly and had the surgery in December 2012. Amazingly, my symptoms stopped. It'd cured me instantly.

It's as if I'd been two people for 25 years and one of them had been laid to rest. Finally, I'm the woman I'm supposed to be.

I've faced the grief of being robbed of so much of my and my children's lives but I've finally found the happiness I deserve.

PMDD is a female tragedy and I'm determined to educate people about it. No other woman should suffer as I did.'

Becky Dickinson

LANA & MATT MATCH MADE IN MUSICAL HEAVEN

Songstress Lana Del Rey is reportedly dating Muse frontman and Kate Hudson's ex, Matt Bellamy, after they were spotted grabbing a coffee in Malibu last week.

Matt, 36, split from actress fiancée Kate, with whom he has a three-year-old son, Bingham, in December, and she's since been linked to dancer Derek Hough (an ex of Cheryl Fernandez-Versini).

Lana, 29, started dating *Vogue* photographer Francesco Carrozzini last June but the pair have been dogged by split rumours after allegedly having a 'screaming match' at Los Angeles International airport last month.



GEORGIA MAY & JOHN **END OF AN ENGAGEMENT**

Corrie actress Georgia May Foote has split from her fiancé John Sage, just as she's set to leave the show.

The shock break-up from plumber John, her childhood sweetheart, comes just weeks after Georgia, 24, spoke confidently about her engagement but told us: 'We've been together a long time, so it doesn't make a difference whether we do it now [get married] or in another five years.' But it's Georgia's dream of moving to Hollywood that's thought to be to blame for the split.

The actress, who plays Katy Armstrong in the soap, regularly Instagrams inspirational quotes about 'following her dreams', and in January tweeted a broken heart emoji.

A *Coronation Street* insider has said her co-stars were surprised to hear the news of the break-up, as they believed 'Georgia had always been very happy with John'.



COUPLES CONFIDENTIAL

Your weekly temperature check on celeb romances



**THE
ROCKY
ROAD
OF LOVE**

**LUCY
MECKLENBURGH, 23**



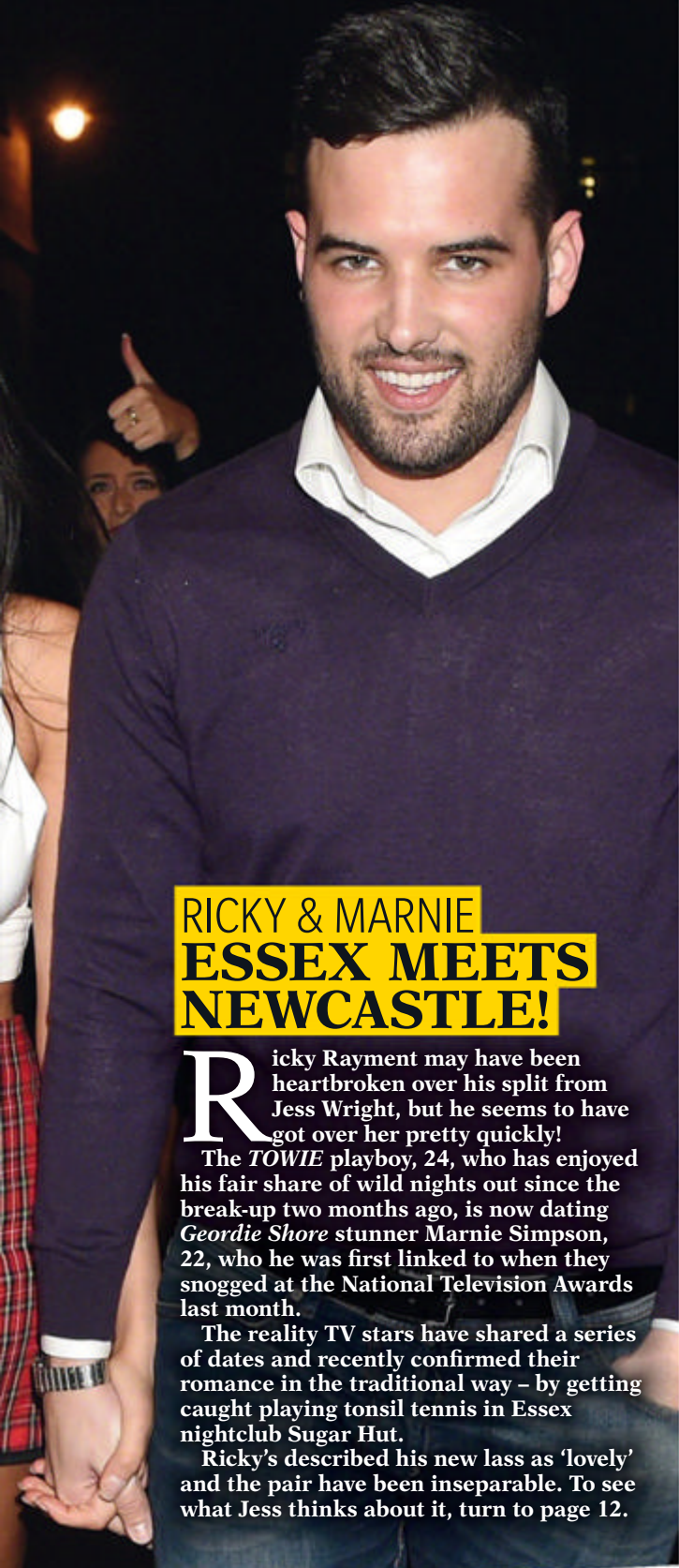
Lucy first hit our screens as Mark Wright's girlfriend in *TOWIE* in 2011, much to the outrage of his ex-girlfriend Lauren Goodger.

After getting dumped by Mark, Lucy dated Mario Falcone, another *TOWIE* co-star and, despite constant cheating rumours on his part, they were later engaged before splitting in May 2013 over, you've guessed it, more cheating allegations.



Lucy eased her broken heart by hooking up with another Essex hunk, Dan Osborne. They shared a steamy night in Marbella but later discovered his ex Megan Tomlin was pregnant with his child and the relationship ended.





RICKY & MARNIE ESSEX MEETS NEWCASTLE!

Ricky Rayment may have been heartbroken over his split from Jess Wright, but he seems to have got over her pretty quickly!

The *TOWIE* playboy, 24, who has enjoyed his fair share of wild nights out since the break-up two months ago, is now dating *Geordie Shore* stunner Marnie Simpson, 22, who he was first linked to when they snogged at the National Television Awards last month.

The reality TV stars have shared a series of dates and recently confirmed their romance in the traditional way – by getting caught playing tonsil tennis in Essex nightclub Sugar Hut.

Ricky's described his new lass as 'lovely' and the pair have been inseparable. To see what Jess thinks about it, turn to page 12.

TAYLOR & HOZIER GETTING CLOSE

She's an all-American girl and he's a wild-haired Irish rocker, but Taylor Swift looked smitten with Hozier (AKA Andrew Hozier-Byrne) when they were spotted backstage at the Grammys.

The pair attended four-time Grammy award winner Sam Smith's after-party and guests say Taylor, 25, and *Take Me To Church* singer Hozier, 24, were looking 'very cutesy'.

A source at the party said the pair were there until 3.30am and adds: 'They were hanging out and talking to each other. They looked really cute.'

Taylor and Hozier attended a Haim concert in Los Angeles recently and if Taylor's dating history is anything to go by, she's definitely a fan of long tresses. After splitting with 21-year-old One Direction heartthrob Harry Styles, she was linked to 1975 frontman Matt Healy.



HELEN & SCOTT BLUE FOR A BOY?

The beautiful mum-to-be recently admitted, 'I'm convinced it's a boy,' and now it seems Helen Flanagan's happy news has been confirmed.

Posting a pic of a pair of glamorous blue Chanel sandals, Helen, 24, wrote: 'Love my new summer sandals #needflats #matchmypram,' prompting us to wonder whether she knows the sex of her baby.

The baby is due this summer and the child will be her first with footballer boyfriend Scott Sinclair, 25.

The former *Coronation Street* actress, who loves the name Flynn, has been keeping us updated on her pregnancy, tweeting about everything from her Nando's cravings to heartburn. She says: 'A mum really is everything I've genuinely wanted to be. I think it's the best thing you can be.'

Lauren Hills, Katherine Parkes



She then dated Michelle Keegan's ex-fiancé and *The Wanted* star Max George. She gushed that he was the 'best-looking guy I've ever been with' but the romance was short-lived.



After a fling with *TOWIE*'s Tom Pearce, Lucy was single for a year before dating Welsh presenter Gethin Jones. They split late last year, reportedly due to work commitments.



After meeting on gymnastics show *Tumble* last summer, Lucy looks to have finally found love with Olympic gymnast Louis Smith. She said: 'I don't think I've ever felt this way before.'



SUSANNA'S FLIRT-A-THON WITH BECKS

Notorious flirt Susanna Reid was at it again last week – this time with Goldenballs himself, David Beckham.

Susanna, 44, giggled and fluttered her eyelashes at David, 39, on *Good Morning Britain* in an interview about the dad-of-four's new project for UNICEF, a campaign to protect vulnerable children.

Susanna made headlines with a similarly flirty chat with Arctic Monkeys frontman Alex Turner in 2013.



'ROCHELLE WAS SO SEXY WHEN PREGNANT'

Rochelle Humes is known for her great body, but her husband Marvin has admitted it was her pregnancy figure that he found super sexy.

'I loved every part of Rochelle when she was nine months pregnant,' the former JLS singer said. 'Especially when her boobs got massive!'

The Voice presenter Marvin, 29, and Saturdays star Rochelle, 25, – married for three years – have 18-month-old daughter Alaia-Mai together.



IS THAT YOU, MIRANDA?

Woah there! Just look at Miranda Hart in this picture taken last week.

The 6ft 1in *Call The Midwife* star was snapped in London looking much slimmer as she took her shih-tzu/bichon frise cross, Peggy, for a walk.

Of the stories generated by this picture, Miranda, 42, tweeted: 'I am going to believe the papers and not my scales that I have lost weight and eat pie and cakes today.'

Two years ago the star said she was determined to get fit because she was 'not naturally this big, I'm naturally lean'.



BENEDICT & JESSIE'S MUTUAL FAN CLUB

Benedict Cumberbatch has revealed a bizarre secret – he's good mates with EastEnders' Jessie Wallace.

The *Sherlock* star, 38, knows Jessie, 43, who plays Kat Slater, via his friend Tim Arnold, who is Jessie's boyfriend and a singer on Ricky Wilson's team on *The Voice*.

He said: 'Jessie's lovely – the first time I met her was at an awards do and she shouted, "You're f***ing brilliant," and I shouted it back.'

He also let slip he'd love a role in 'Enders, but that his 'abysmal' Cockney accent would wreck his chances.



IT'S HANNAH PORNTANA!

A steamy Miley Cyrus video intended for show at a porn convention has been pulled from the event at the last minute.

In the two-minute black-and-white clip, the singer wears nipple tape and fishnet tights and is seen being 'throttled' with latex rope – a far cry from her days as Disney's *Hannah Montana*.

Miley, 22, and director Quentin Jones pulled the film from New York's Porn Film Festival, claiming they had been 'misled about the event'.



Frankie Cary, Kayleigh Hooton

Do you know how SAVE A CHOK

A scarily high number of people have no idea how to help kids with something stuck in their throat

It's every parent's overwhelming instinct to protect their child – but would they all know how to act if their baby started to choke? Apparently not.

According to research by St John Ambulance, four-fifths of mums and dads have no idea what to do if their baby starts choking. More scarily, out of those who said they did know how to act, only 29 per cent knew the correct technique.

As choking, suffocation and strangulation caused the highest number of deaths in under fives between 2008 and 2013 and 40 per cent of the parents surveyed had witnessed their child choking, it's clear we need to know more.

So the first aid charity has released a new advert, The Chokeables. In the ad, a doll, pen top, jelly baby and peanut – voiced by celebrities David Walliams, David Mitchell, Johnny Vegas and Sir John Hurt respectively – act out how to save a choking baby in 40 seconds. In one month, the advert is said to have saved 20 lives.

One woman who knows how important these skills are is Joanne Thompson, whose daughter Millie choked to death when she was just nine months old.

'I'd have loved to have been a stay-at-home mum but I had to go back to work as a quantity surveyor for financial reasons, so Millie had to go to nursery,' says the

29-year-old from Stockport, Greater Manchester, who is now pregnant with her second child.

'We picked Ramillies Hall private school because it looked onto our back garden, the staff seemed lovely and it had the first aid qualifications required by OFSTED.'

But on Millie's third day, Joanne's husband Dan received a call to say she was having trouble breathing and had been taken to nearby Stepping Hill Hospital.

Dan, 41, was working away, so phoned his wife but by the time Joanne arrived at the hospital, Millie had already passed away.

'I went into shock and can barely remember what happened,' Joanne says. 'We later found out she'd choked to death on mashed potato from the shepherd's pie she was having for lunch. We could hardly believe it, she'd never had any trouble eating.'

Incredibly, this isn't unusual. Over 75 per cent of the reported cases of choking related to food, while 14 per cent choked on vomit and nine per cent on toys. But what hit Joanne and Dan hardest was that, despite their paediatric training, the nursery staff couldn't save their daughter.

'It was absolutely devastating. We never imagined this could happen when we dropped her off at nursery that day. We just couldn't understand it.'

An inquest found that 'nothing could be done' to save Millie and ruled that she died of misadventure. However, this did nothing to ease Joanne and Dan's grief.

Shattered by the loss of their child, the couple couldn't bear to return to their home filled with Millie's toys and happy memories so stayed with family until they bought a house in a different area. However, they decided to turn the tragedy into something positive by setting up Millie's Trust, a charity dedicated to providing education and training in first aid for babies and children.

'Everyone who's around little ones should know how to help them in an emergency – the Chokeables is a great starting point,' Joanne says. 'If we can save anyone going through the heartbreak we've experienced, our hard work will be worth it.'

For more information, visit milliestrust.com



Millie died after choking on some mashed potato



They've set up Millie's Trust to offer support

to ING BABY?

Reveal *real lives*

Dan and Joanne lost their first baby through choking. Now they campaign to make sure other parents know how to keep their babies safe



Hannah knew what to do when her daughter choked

'THE ST JOHN ADVERT IS ALREADY SAVING LIVES'

Hannah Gilmartin, 27, from Cheshire, says:

I'd seen the St John Ambulance Chokeables advert during *Good Morning Britain* and quickly realised that everything I'd thought you did – holding your baby upside down – was completely wrong.

Although I'd paid attention, I never thought I'd have to use that knowledge. But just a few days later, my one-year-old daughter, Olaith, started to cough as she was toddling around the living room.

I felt sick when I saw her blue lips and pale face but I knew I didn't have time to panic, so I took a deep breath, lay her on my knee and slapped her back. Nothing happened, so I did it again. And again.

On the fourth blow, something flew out of her mouth. It was only later, when I'd consoled her and put her down for a nap that I saw it was a tealight candle.

It could have killed her. Terrified at what could have been, I burst into tears.

I will always be grateful I saw that advert. It saved my little girl's life.'

WHAT TO DO IF IT HAPPENS

SLAP IT OUT

Sit down and lay the child face down along your thigh, supporting their head. Then give up to five sharp blows between their shoulder blades with the heel of your hand.

REMOVE ANY BLOCKAGES

Check their mouth to see if there's anything in there. If there is, pull it out carefully with your fingers if you can, taking care not to push it further in.

SQUEEZE IT OUT

If the blows to the back fail to clear the blockage, give up to five chest thrusts: Lay the baby face up along the length of your thigh, put two fingers together just below the level of their nipples and push inwards and upwards, towards the baby's head, up to five times. If they're still choking, repeat the back blows and chest thrusts up to three times, or until you've dislodged what's in there and they can breathe normally again.

CALL FOR HELP

If they're still choking, call 999 or 112 for an ambulance. Continue the back blows and chest thrusts until the blockage has cleared or help arrives. For more information from St John Ambulance, visit sja.org.uk

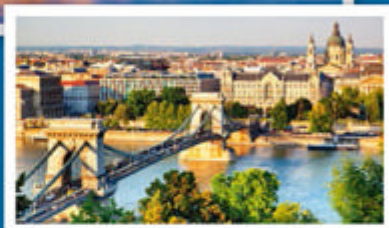
Reveal *reader offer*

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DUBLIN, £315 *per person*

Three-night Dublin city break, staying at the 4* O'Callaghan Alexander Hotel on a room-only basis in March 2015, with entrance to the world-famous Guinness Storehouse**

Dublin has many attractions for visitors, including a famous party scene and good shops. It's also known for its cathedral, museums and castle and for beautiful scenery, you have the option of exploring nearby mountains and rugged coastline. And of course, what better way to experience the rich local heritage and culture than with a trip to the Guinness Storehouse on St Patrick's Day, Tuesday 17 March? Located in the heart of the St James' Gate Brewery, it's not to be missed.



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TERMS & CONDITIONS *Based on two adults, departing in June 2015 from London Stansted. **Based on two adults, departing in March 2015 from London Luton. For further information please call 01737 336 565. Offers are subject to availability. Price is per person. Prices 'from' act as an indication only. Prices will vary depending on dates, flight times, departure airports, duration, number of passengers and travel extras. We reserve the right to withdraw offers at any time. The image used is for illustration purposes only and does not reflect your actual holiday experience. Hotel rating is that of the supplier and may not be the official rating. Travel restrictions, conditions and credit/debit card surcharges apply. Bookings are made with and subject to the conditions of weholiday.co.uk, ABTA G3655 ATOL 5360, a company wholly independent of Hearst Magazines UK. Full terms and conditions are available online. Prices correct at the time of going to press, but may go up or down.

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£26, asos.com



£2.99,
New Look



£7.50, Diva at
Miss Selfridge



Teens can
get away
with kitsch
hair bands

£35,
missguided.
co.uk



£30, George at Asda



Timeless STYLE

The key to looking fab like these ladies is dressing to suit your look, not your age. Forget the rules, just wear with confidence

£25.99, Zara



£14.99, New Look



TEENS

KENDALL JENNER

One half of the super-stylish Jenner sisters, Kendall, 19, knows how to dress with her quirky style putting her firmly on the fashion radar. With fierce leather details and daring accessories, Kendall expresses herself through her clothes just like any teen. She shows how even younger girls can look glam and sophisticated, and is challenging her older Kardashian half-sisters in the fashion stakes.



TWENTIES

MOLLIE KING

The Saturdays' Mollie is a lady who knows what suits her and has nailed her capsule wardrobe already at 27 years old. Sticking to classic and neutral tones, Miss King always manages to look effortlessly amazing.

Get the look with tailored pieces in sleek styles, like these cobalt culottes (left), and add a timeless court heel to give any outfit ladylike polish. Less is definitely more here.



£49, Marc B at Topshop



£10, Miss Selfridge



£16, Tu at Sainsbury's



£30, littlewoods.com

Always wear with heels to lengthen your legs





£35, River Island



£8, asos.com



£12.50, Topshop

£19.99, New Look



£6, boohoo.com

THIRTIES

SIENNA MILLER

Actress Sienna, 33, always manages to look fab in any outfit. After moving away from her signature boho look, she has opted for a more grown-up vibe while holding on to her fashion crown. Going for tailored separates in bold colours, Sienna is effortlessly stylish, and shows how the simplest of outfits can create a statement look. Here, Sienna shows a subtle section of toned midriff, and definitely gets away with it!



£32, George at Asda



FORTIES

VICTORIA BECKHAM

Designer and all-round fashionista Victoria hit 40 last year and her wardrobe continues to get better and better. She's understated yet chic, and is known for her sleek accessories. VB is proof that style is everlasting and the only rule is to wear what suits you.

£39.50, Marks & Spencer

Oversized styles suit most face shapes

£13, River Island



£15, BHS



£130, Topshop



£24.99, Debenhams



£12, Accessorize

£120, Kurt Geiger



£50, Topshop



£39.99, Zara



FIFTIES

ELLE MACPHERSON

Supermodel Elle's definitely fab at 50. She isn't afraid to flash a bit of leg or go for high heels. Get the look with wardrobe basics and add amazing accessories, such as printed heels or cat-eye sunnies. Don't conform to hair or make-up rules either – Elle has hair women half her age would be envious of.

£5.99, Zara



The perfect spring cover-up



£75, Marks & Spencer



JENNIFER'S FRIZZ-FIGHTING DISCOVERY

What does an A-lister do when she finds a beauty brand she adores? She buys a share of the business!

Jennifer Aniston did exactly that after falling in love with US hair range Living Proof in 2007. The brand uses swish science and boasts 16 patents so you can expect ground-breaking stuff, including a dirt-repelling 'primer' for your hair that costs £18.

It's already stocked in select Space NK stores but getting hold of the line just got easier as it hits M&S this month.



THE HERO

Living Proof No Frizz

Nourishing Styling Cream, £18

The product that won Jennifer over. The star reportedly bought into the brand after being blown away by this frizz-beater while filming in the high humidity of North Carolina.

Use it on damp hair.



Getting your hands on these celeb-approved brands was tricky... until now. These stars' must-have beauty buys have hit the UK and they're set to cause a storm!

A-LISTERS' beauty favourites

MICHELLE'S MOISTURISER WITH A WAITING LIST

You'll find sensitive skincare range Embryolisse in every make-up artist's kit, especially the wonder cream (below).

Used on everyone from Scarlett Johansson to Michelle Keegan, the French brand is currently only available online and at beauty boutique Space NK but the Embryolisse fan club is tipped to rocket following its arrival in Boots this month.

'People will go crazy, they are going to be queuing round the block,' says Julia Carta, Simon Cowell's make-up artist. Race you to the checkout!



THE HERO

Embryolisse Laite-Crème Concentré, £20

A tube of this sells every minute worldwide, sparking a Boots waiting list ahead of its launch. It can be used as a make-up remover but it's brilliant as a primer-meets-moisturiser. Make-up applies unbelievably smoothly over the top.



THE HERO

Make Up For Ever Lift Concealer, £18.95

Along with the HD Invisible Cover Foundation, £30.95, this is Kim's favourite product from the range. Her make-up artist uses it to knock out bags and dark circles, applying it in a triangle shape below her eyes.

KIM'S SELFIE-FRIENDLY CONCEALER

Celebrity beautifiers have an insider secret for making their superstar clients look amazing in pictures. Yes, really! Make-up artists, including Kim Kardashian West's right-hand man Mario Dedivanovic, turn to products from Make Up For Ever, a Paris-based brand that champions HD-friendly finishes.

The shade range is excellent and the lasting power outstanding as they're designed to stand up to hot studio lights. Oh, and Victoria Beckham just unveiled the Lip Liner in Shade 23 Caramel, £11.95, as the product behind her nude pout. It's hitting Debenhams this spring. Can't wait 'til then? Order from gurumakeupemporium.co.uk.

MORE SUPERSTAR NEWBIES

CITY GIRL'S BLOW-DRY BAR

Actress Gwyneth Paltrow's brought a touch of Beverly Hills to Blighty with the arrival of her Blo hair salon chain. The no-appointment-needed bar hit London's Covent Garden in January with the mantra 'wash, blow and go!'



FASHION'S FAVOURITE HAIR TOOL

ASOS has been the UK home of Eva NYC for a while but the US hair brand is expanding next month with the addition of its printed straighteners, £45. Former *The Hills* star and stylist Whitney Port loves 'em.



HOLLYWOOD'S TOP PAMPER PRODUCTS

You'll find Israeli label Sabon in high streets across the world, but it's just dropping here with a London store and online at saponuk.co.uk. Drew Barrymore, Julia Roberts and Katie Holmes (she loves the Body Lotion in Carrot, £12.50) are fans. Think a fancy version of Lush!

Amber's

TALKING ABOUT...

the new It hairstyle



Dreaming of a 'do that takes minutes to style, makes locks look thicker and flatters your face? Meet the WOB – that's wavy bob, by the way – 2015's coolest cut

THE NEW BOB BRIGADE

When Sienna Miller hit the Golden Globes last month her hair turned heads, and not just because it was significantly shorter.

Wearing cool-girl waves and a shine-free finish, she shunned Hollywood curls for something a whole lot more exciting. Emma Stone was hot on her heels, rocking an equally enviable 'do, and the beauty world's new haircut crush was born!

ASK YOUR HAIRDRESSER...

Sienna's stylist, Luke Hersheson, used a razor to create the star's 'torn ends' (he's labelled the style 'The Bad Bob!'). Fear not, though, your own hairstylist can create a similar effect using scissors.

'This style has layers on the inside which encourages movement and stops hair looking flat,' says Mark Woolley, a celeb hairdresser who's also worked with Sienna.

'Ask for defined, weighty hair and the ability to have curl,' he suggests.

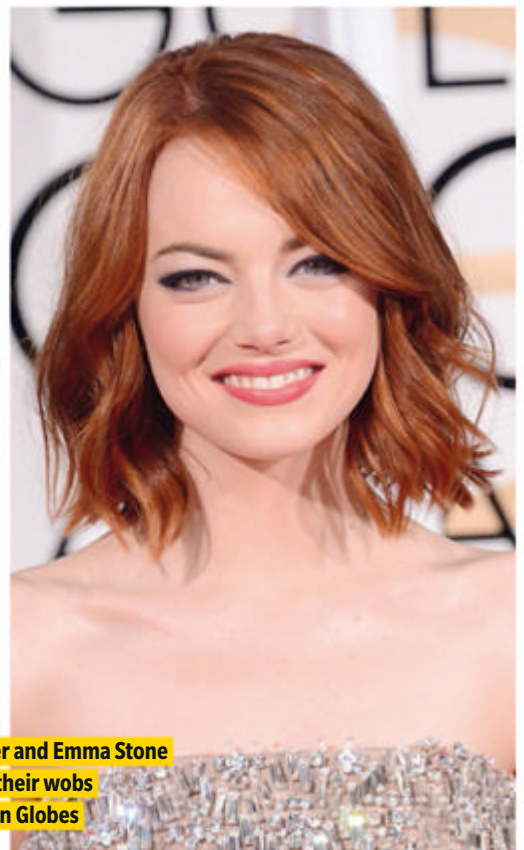
IT'S FLATTERING!

'The length gives the illusion of thickness while the side parting and sweeping fringe are great for softening asymmetrical features,' says Mark, founder of Electric salon and hair care range (electric-hair.com). 'Just make sure the bob is below or in line with your jaw.'

To throw in extra attitude, try flipping your parting to the opposite side for lift at the roots, like Sienna's.

CUT AND COLOUR COMBO

'I wouldn't pair this with highlights or balayage – where lighter strands are painted on for a sun-kissed effect – that look is overdone,' says Mark. 'Go for rich colour with intensified tones at the ends.'



Sienna Miller and Emma Stone showed off their wobs at the Golden Globes

'I didn't want Sienna to look like she'd been in an expensive hairdresser with every inch of the cut perfectly trimmed,' her stylist Luke Hersheson says

ADD WAVES IN 10 MINUTES

'The "wob" is a low-maintenance style,' says Mark. 'Spritz Electric Prep Spray, £15.50, on wet hair, then blow-dry with your fingers. To create your style, wrap large sections around a curling wand, starting at ear level.'

I like Babyliss Curling Wand Pro, £25. Finish with Toni & Guy Hair Meet Wardrobe Casual Matt Texture Dry Shampoo, £7.49.

Mark adds: 'If your hair's unruly, apply Kerastase Resistance Ciment Thermique, £20.50, feelunique.com, when it's wet.'





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NEW LOOK



- Jumper, £46, goldielondon.com
- Skirt, £20, missguided.co.uk
- Bag, £22, M&Co
- Trainers, £67, Adidas at JD

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way to style
this look



Dr Phil

TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

HAIRWAY TO heaven

How can I tell my girlfriend her moustache turns me on?

Alex, Doncaster

Gently. In Western cultures, women generally avoid the growth of facial hair and more recently, pubic hair too. They also spend a fortune trying to remove it when often their partners find it attractive if only they were honest enough to have this difficult conversation. I would avoid opening with 'I love your moustache' or 'I like you hairy'. 'I like you just the way you are' says it all, and she'll probably understand. However, it may not stop her removing her hair as people are often very self-conscious of what other people think of them and how advertising agencies tell them they should look.

THE
sex
QUESTION



Trust me – I'M A DOCTOR

Can antibiotics cure cancer?

Becky, Birmingham

They might in future. Researchers have found that some antibiotics stop cells from making mitochondria, the tiny engine rooms that supply cells with energy. Cancer stem cells – the deadly 'mother cells' that give birth to tumours, keep them alive and ease their spread around the body – have particularly high numbers of mitochondria. Four common antibiotics have been shown to kill these stem cells in laboratory samples taken from breast, prostate, lung, ovarian, pancreatic, skin and brain cancers. Importantly, healthy cells were not harmed. Human trials may start soon.

ALL ABOUT that bass

Why are women curvier than men?

Nicole, Southampton

Men would like to think it's down to sexual attraction, but women actually need extra fat on their thighs, hips and buttocks. Studies have shown these fat reserves help babies grow during breastfeeding and particularly help with brain development. You need lots of fat to make a nervous system, and the fats in these areas are enriched by a chemical called DHA (docosahexaenoic acid), an important building block of the human brain. Fat typically makes up 10-20 per cent of a man's weight – but 30 per cent of a woman's. In contrast, men have more muscle so they can decorate the nursery and assemble the cot.

DR PHIL SAYS: 'Staring at a screen at night is like shining a torch in your face. It won't help you sleep'

BOOZE *benefits*

Is alcohol good for the heart?

Kerry, Devon

It depends how much you drink. Heavy drinking can cause heart failure, as well as liver and brain damage, but a recent large study of nearly 15,000 people over 25 years found that men who drink up to seven small glasses of wine a week (or three-and-a-half pints of beer) had a 20 per cent lower risk of heart failure than the teetotallers. For women, the risk was reduced by 16 per cent. The trick with alcohol is to find a drink you like the taste of, and drink it slowly so you savour the taste. Any more than a drink a day starts to pile the calories on as well as reversing the good it does.

MIND *games*

How much of my memory is false?

Claudia, Peterborough

More than you remember. We edit our memories like a Wikipedia page, accentuating the positive or negative, depending what mood we're in. What we recall is often what we want or are tricked into recalling, rather than what actually happened. Others can edit our memories too, which is why you should choose your friends wisely. Research has found you can make people confess to crimes they did not commit simply by asking them the right questions. Many people will develop false memories of their own guilt.

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT dr.phil@revealmagazine.co.uk

FOR DR PHIL'S PRE-ELECTION TOUR DATES TO SAVE THE NHS, GO TO drphilhammond.com Dr Phil regrets that he cannot reply to emails personally

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CHOCOLATE



MAPLE & PECAN BROWNIES

In the book, Will writes: 'The humble brownie has escalated in years gone by into the must-have product in any and every café, pâtisserie or restaurant. 'I think we love it because it is just so versatile – hot with ice cream, chilled and fudgy, topped with ganache or simply dusted with icing sugar or cocoa powder.'

Makes 16–20 squares

INGREDIENTS

150g pecans
175g maple syrup
225g dark chocolate, chopped
150g unsalted butter
150g soft dark brown sugar
3 large eggs, beaten
1tsp pure vanilla extract
Large pinch of sea salt flakes
125g plain flour

20 x 30cm baking pan, greased and lined with buttered baking parchment

METHOD

- ➔ Preheat the oven to 180°C/350°F/gas 4.
- ➔ Tip the pecans onto the prepared

baking sheet, drizzled with 30g of the maple syrup. Toast the nuts on the middle shelf of the preheated oven for 6–8 mins until crisp and starting to caramelise. Remove from the oven and set aside for 3–4 mins to cool, then roughly chop. ➔ Melt the chocolate and butter in a heatproof bowl set over a saucepan or pot of simmering water. Stir until smooth, remove from the heat and leave to cool slightly for 2–3 mins.

➔ Mix the sugar and remaining maple syrup into the melted chocolate mixture and stir until silky smooth. Add the eggs, vanilla and salt. Mix again to combine, taking care not to over beat the mixture. ➔ Sift in the flour and fold in, using either a rubber spatula or large metal spoon. Stir through half of the caramelised pecans, then pour the mixture into the baking pan. Scatter with the remaining pecans.

➔ Bake on the middle shelf of the oven for 25 mins, until the top has a light crust but the middle is still soft to the touch.

➔ Remove from the oven and set aside to cool before cutting into squares to serve.

➔ The brownies will keep in an airtight container for up to one week.

Mother's Day and Easter are both on the horizon, so here's two amazing recipes to bake for family and friends from master patissier Will Torrent

After starting his career aged just 16 working for experimental TV chef Heston Blumenthal, Will Torrent has gone from strength to strength.

He's won numerous awards and his fans include Heston, Jamie Oliver and Tom Kerridge. Now, Will has brought out his second book, *Chocolate At Home*.

It tells you all you need to know about cooking with chocolate and the techniques you need to make everything from chocolate fondants, biscuits, ice cream and puddings.

We've picked two of our favourite recipes from the book – the dark chocolate brownies and the cheesecake with white chocolate – so there's something for all palates. Enjoy!



READER OFFER

You can buy *Chocolate At Home* for the special price of £13.99 including P&P (RRP £19.99) by calling Macmillan Direct on 01256 302 699 and quoting the reference GLR J9J.

feast

WHITE CHOCOLATE CHEESECAKE WITH STRAWBERRIES & BASIL

'This baked cheesecake is made with white chocolate and cream cheese for a lovely open, yet creamy, texture. The base is made with biscotti cookies which give a great crunchy texture but also a delicious flavour,' Will writes.

'Topped with a strawberry salad tumbled with baby basil and olive oil that cuts through the richness of the cheesecake, it is a wonderful dessert for a summer party.'

Serves 8-10

INGREDIENTS

175g plain biscotti
75g unsalted butter, melted
175g white chocolate, chopped
600g full-fat cream cheese
3 large eggs
300ml soured cream
175g caster sugar
1tbsp cornflour
1tsp pure vanilla extract

Freshly squeezed juice and grated zest of 1 lemon

TO SERVE

250g strawberries, hulled and quartered
1 small bunch baby basil
4-5tbsp fruity extra virgin olive oil

20cm/8ins round springform cake pan, greased and lined with baking parchment

METHOD

- ➔ Preheat the oven to 170°C/300°F/gas 3.
- ➔ Crush the biscotti in a freezer bag using a rolling pin and tip into a large mixing bowl. Pour the melted butter into the crumbs and stir to combine. Tip the mixture into the prepared pan and press into an even layer with the back of a metal spoon to form a base.
- ➔ Bake on the middle shelf of the preheated oven for 5 mins. Remove and set aside to cool. Do not turn the oven off.
- ➔ Melt the chocolate in a heatproof

bowl set over a saucepan or pot of barely simmering water. Stir until smooth and glossy and remove from the heat.

- ➔ Put the cream cheese, eggs, soured cream, sugar and cornflour into a food processor and whizz until smooth.
- ➔ Scrape down the sides of the bowl with a rubber spatula, then add the vanilla, lemon juice and zest and whizz again.
- ➔ Carefully pour the mixture into the pan on top of the baked biscotti base. Place on a baking sheet and bake on the middle shelf of the still-warm oven for 40 mins, or until just set.
- ➔ Remove the cheesecake from the oven and let it cool completely before chilling in the fridge.
- ➔ To serve, mix the hulled and quartered strawberries together with the baby basil leaves and extra virgin olive oil.
- ➔ Heap the drowned strawberries on top of the chilled cheesecake and serve in slices.



YOUR *stars*

Reveal's celebrity astrologer, Russell Grant, gives you his exclusive predictions for the next seven days

Aquarius

(21 Jan - 19 Feb)

Someone you least expected to get in touch will make contact. There will be an underlying reason for this. Still, it will be good to dig out childhood diaries and photo albums and reminisce with old friends who share your memories. Starting a blog is a great way to feel connected with the outside world.

Pisces

(20 Feb - 20 Mar)

The moment you begin comparing your achievements with others you will start doubting yourself. As long as you are happy it doesn't matter what other people are doing. Don't let anyone undermine you and don't take notice of someone who does not know what they're talking about.

Aries

(21 Mar - 20 Apr)

Play your cards right and you will make a good impression on the people you're introduced to. Some valuable career contacts will be made. Invite a new workmate round for dinner. A vase of fresh flowers and good home cooking will win their friendship. Now is a great time to mix business with pleasure.

Taurus

(21 Apr - 21 May)

Dealing with virtually anything should be a piece of cake while you're feeling so confident. Friendly trends give you the welcome opportunity to improve relationships. Be sensitive to your lover's feelings. Wine and dine a partner as if you were dating. Spend plenty of quality time together.

Gemini

(22 May - 21 June)

There are links between romance and work. You might wonder whether it's a good idea to date a colleague. You're letting your head interfere with your instincts and your heart. Stop worrying about what others will think of you. Be prepared for an unexpected visitor at the weekend.

Cancer

(22 June - 23 July)

Secrets are in the air. Be guarded about what you say to someone who could cause trouble for you and a partner. You want to have everything out in the open but this is not the time. Romance and friendships mean so much to you at the moment but other issues are interfering with your private aims.

Leo

(24 July - 23 Aug)

You might feel as if you're getting nowhere very fast. Instead of beating your head against a brick wall turn your attention to other things. Taking out a gym membership is a great way to rid yourself of excess nervous energy. A Taurus friend will give you some tips on how to achieve your ambitions.

Virgo

(24 Aug - 23 Sept)

This should be a first class week for work and financial affairs. New plans and ideas will bring handsome dividends. Teamwork will allow you to develop those brilliant ideas rolling around in your head. An upcoming career-related decision is one you will have to make on your own.

Libra

(24 Sept - 23 Oct)

If you have a choice between spending or saving, investing your cash should be your first priority. Even simple pleasures will seem to cost a fortune this week. Resist the urge to waste money. If you're looking for work, teaching, care work or blogging about your interests will be ideal.

Scorpio

(24 Oct - 22 Nov)

Try to keep duty to a minimum and aim to get out more. Old friends will be happy to spend time with you if you dish out a few social invitations. Networking is essential if you are seeking romance. The more energy and effort you pour into your social life, the faster you will find that someone special.

Sagittarius

(23 Nov - 21 Dec)

A job matter needs to be resolved to protect your reputation. A workmate has been saying one thing to your face and another behind your back. Take the first opportunity to clear up any misunderstandings. There's a strong urge to get away from it all but stay put and sort out domestic and career concerns.

Capricorn

(22 Dec - 20 Jan)

You feel overwhelmed with changes that are happening in your life. The more you think about what's going on, the more anxious you become. Relax and take a few deep breaths. Concentrate on one small step at a time. A friend will offer a comforting shoulder to lean on and this could make all the difference.

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Birthday boy
Ed Sheeran
17 February 1991
Star sign: Aquarius

Birthday girl
Rihanna
20 February 1988
Star sign: Pisces





Vogue's stepmum to Molly and Lilly-Sue, Kerry Katona's kids with Brian McFadden

As Vogue Williams recovers from living in a rainforest for ITV's *Mission Survive*, we chat about eating insects, marriage to Brian McFadden and being a stepmum

Having just returned from Central America where she spent 12 days living rough in the Costa Rican jungle for Bear Grylls' new reality TV show *Mission Survive*, Vogue Williams is still recovering.

'It was the toughest thing I've ever done,' says the Irish beauty. 'I totally broke down when I had to eat a live scorpion. I have a fear of insects and was crying uncontrollably.'

Mission Survive sees eight celebrities – including acting cousins Laurence and Emilia Fox, former *The Wanted* singer Max George, ex-rugby star Mike Tindall and comedy actor Tom Rosenthal – brave extreme conditions in the rainforest.

'It's a very, very extreme version of *I'm A Celebrity... Get Me Out Of Here!* with none of the comforts and none of the treats,' says Vogue, 28, who's married to ex-Westlife star Brian McFadden.

'It was so hard, harder than I ever thought it would be. We were up at five in the morning and kept going until six or seven every night. We didn't have a lot of food and we were doing really high intensity things all day every day and then sleeping outside. There was nothing to look forward to at the end of the day!'

'MAX WAS NO BAD BOY'

The DJ, model and TV presenter says it was the encouragement of her fellow celebrities that kept her going when she was struggling.

'When we finished everything for the day we would set up our camp and we'd be sitting around the campfire, that was

the most fun part,' she says. 'Everyone was lovely and we had a great laugh every night.'

She got on especially well with Max George, the cheating ex of Michelle Keegan.

'I loved Max, I just saw him as a bad boy before I went in, but he was so funny and so nice. Tom had me dying laughing every single day. He still does, he sends me direct mails on Twitter and has me in stitches.'

'I loved Mike Tindall, he's such a gent. He really looked out for everyone.'

'I STRUCK GOLD WITH KERRY'S KIDS'

Vogue has been married to Brian since 2012 and says she loves being a wife.

'Married life is good, it's going well,' she says. 'We go for a walk every morning with the dogs, that's our time together.'

'We try to have a date night at least once a week, too. We like to go out for dinner, but our favourite thing is just sitting in watching a movie and eating a takeaway – it's perfect.'

Vogue is stepmum to Molly, 13, and Lilly-Sue, 11, Brian's kids by ex-wife and *I'm A Celeb...* winner Kerry Katona. She says they get on, although she's never met their mum.

'They're really well-behaved kids,' she says. 'I met them at a perfect age – Molly's

'I've not met Kerry Katona'



Jungle fun: Vogue and her fellow celebs with Bear Grylls

a teenager now and I bonded with them over things that I love. They're easy to be with. We had them for three weeks over Christmas and there were no arguments. I struck gold with them.'

She adds: 'I've never met Kerry. The kids know I'm their stepmum but I never have to discipline them.'

Despite enjoying taking care of Brian's kids, Vogue has no plans to become a mum herself yet. 'I just wouldn't have time,' she says. 'There are plenty of years left.'

Kelly Jenkins

Bear Grylls: *Mission Survive* starts on ITV, this Friday, at 9pm

7days

REVEAL'S CARENA
CRAWFORD PICKS THIS
WEEK'S TV HIGHLIGHTS

DON'T MISS!

Ant & Dec are hosting The BRIT Awards 2015. All the top names in music will be there and ITV are screening the show live on Wednesday 25 February at 8pm. Ed Sheeran, Sam Smith and George Ezra lead the nominations, but who will walk away a winner?

BROADCHURCH

This series has thrown up as many questions as it's answered, but we're hopeful we're finally going to be rewarded for sticking with the detective drama and see justice done. As Joe Miller faces his verdict in court, will the jury find him guilty? If he walks away, what does this mean for his future in the town? Ellie and Hardy are on the Sandbrook case and determined to find out what really happened that night. Did Claire have anything to do with it? Was Lee the culprit all this time? Or did something more sinister happen? Fingers crossed all will be revealed!

ITV, MONDAY 23 FEBRUARY, 9PM

ANT & DEC'S SATURDAY NIGHT TAKEAWAY

The Geordie duo are back with a new series of their entertainment extravaganza. First up, singer Olly Murs is the latest celebrity to fall foul of Ant & Dec Undercover. They infiltrate Olly's session for his wax work that's due to reside in Madame Tussauds in Blackpool, and cause havoc! Former Pussycat Doll Ashley Roberts is back to challenge the boys in Ant versus Dec, and Little Ant & Dec will be posing more cheeky questions to some very famous faces. One lucky member of the audience will also get the chance to win the contents of all the ads, before the show ends in spectacular style with the end-of-the-show show.

**ITV, SATURDAY 21
FEBRUARY, 7PM**



NHS: £2 BILLION A WEEK & COUNTING

The NHS is facing a monumental funding crisis that threatens its very survival. Presented by Marc Peirson (above), this documentary series challenges viewers to put themselves in the position of doctors and NHS professionals to work out where to allocate vital funding and resources.

C4, MONDAY 23 FEBRUARY, 9PM



THE ONLY WAY IS ESSEX

Totes amazeballs! *TOWIE* is back for its 14th, yes, 14th series. Picking up from where the slanging matches and tantrums of *The Only Way Is Essexmas* left off, the new 12-part series sees a few of the previous unanswerables finally sorted. Well, kind of. Have on/off couple Elliott and Chloe finally gone their separate ways? Are diva duo Gemma and Ferne still ready to draw nails at dawn? Is reformed ladies' man Mario still smitten with Emma? One thing is a given, you can bet they'll be plenty of make ups and break-ups, sprinkled with a few snogs and a dodgy outfit or two.

Go to page 12 for four pages of gossip from the *TOWIE* girls in Tenerife, where part of the new series will be set

**ITVBE, SUNDAY 22
FEBRUARY, 10PM**

DON'T MISS!

Hosted by Claudia Winkleman and Tess Daly, *The People's Strictly* on BBC1 sees six inspirational heroes and heroines take to the dancefloor with the *Strictly* professionals. In aid of Comic Relief, see these fans fulfil their dancing dreams on Wednesday 25 February at 9pm.



THIS WEEK'S SOAP HIGHLIGHTS

EastEnders



EASTENDERS, MON & FRI, 8PM, TUE & THU, 7.30PM

WHAT'S MICK HIDING?

After last week's shocking revelations, Nancy is desperate to get to the truth about what happened between Mick and Dean and she gets frustrated as he avoids her questions. When Mick enlists her help in organising a surprise for Linda, Nancy is even more convinced he's hiding something and tells her mum. Is Nancy right?

EVA LEAVES

Jason feels terrible after accusing Eva of having an affair with Tony. Trying to win her back, he surprises her with tickets for New York, leaving that night. Jason waits with his bags packed, but Eva tells him they're finished. She says she's going to stay with her grandma in France. Todd manipulates Jason to forget about Eva, but she has second thoughts.

Coronation Street



CORONATION STREET, ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM

Emmerdale



EMMERDALE, ITV, MON-WED, 7PM, THU, 6.45PM, FRI, 7PM

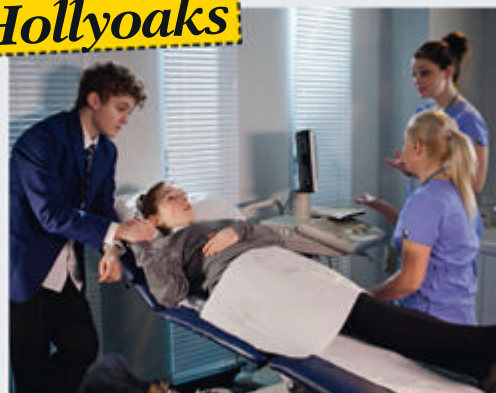
ALICIA IN TROUBLE

Mortified when she realises Lachlan has a crush on her, Alicia tries to let the lad down gently. It's her birthday and she celebrates in the pub with her sister, before returning to the shop where Lachlan is working, telling him to close up early. She's nice to him and suggests they have a coffee before he goes, but will Lachlan misinterpret her kindness?

PERI PREGNANT

Dylan and Nico rush Peri to hospital when she faints and they discover she's pregnant. Peri tells Tom he's the father and together they go for a scan. They don't tell anyone, but at Peri and Nico's birthday party, things are taken out of their hands when the scan photos get mixed up with cards. Will Leela find out?

Hollyoaks



HOLLYOAKS, C4, MON-FRI, 6.30PM

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FAVOURITE... CELEBRITY CRUSH?

At the moment, I'm lusting over Jamie Dornan. Seeing him at the *Fifty Shades* premiere, I nearly climbed on top of the TV. He's so hot and dishy. Eddie Redmayne in *Les Misérables*, too. There's something about a man at the barricades, part of the revolution, that gets me hot every time.



RESTAURANT?

Balthazar in London's Covent Garden – it's relaxed and does a great duck shepherd's pie and Bellini. You can celeb watch there, too. It's full of different types of people and the staff are great. I've been known to go in at lunch and leave at closing time. I won't tell you what state I'm in!

PIECE OF ADVICE?

Harness your style. Take total ownership over what you look like and how you present yourself. You'll never feel bad about yourself again. It's the essence of style confidence.

ANIMAL?

Dolly, my dog, who has multiple personalities. At the moment she's house dog, when she goes to work with me she's fashion dog. When she was in panto with me, she was panto dog. She's my pride and joy, I love her to pieces.



HOLIDAY DESTINATION?

Italy – it combines my favourite things: men, fashion and food. I love Parmesan, honey and red wine and you're surrounded by bearded men wearing jumpers on their shoulders and fabulous loafers. There's nothing better than that.



HANGOVER CURE?

I go back to bed with a Berocca and order a takeaway for 1pm. Then sleep, get up, eat more of the takeaway, go back to bed again. Get up in time to get dressed and back on the razz! It's an all-day hangover cure.

Love it!

Fashion consultant, author and television presenter **Gok Wan**, 40, reveals his hangover cure, secret crushes and favourite place to eat...

COCKTAIL?

A pint of lager top. I think the minute you mix two drinks it instantly becomes a cocktail, so a lager top is the hottest new fashion cocktail.



DECADE?

The noughties – I found confidence in who I am and in my career, which is a big part of defining who I am. I saw my nieces come into the world, and one of my godchildren. It was a great time of revelation and just enjoying being who I am.



FILM?

The Hunger – a vampire film with Catherine Deneuve and David Bowie. It has the best costume design ever. It's beautiful – big shoulders, nipped-in waists, fabulous hair and full on make-up! It's the most important fashion film ever made.

APP?

Shop Style – I have to constantly source products and look at what other people are doing. It's a great hub to help you buy or look at brands all in one go. If you want to update your style, or just go shopping, look at this app – it's great.

Gok Wan's new collection for Tu@Sainsbury's is now available in store and online at sainsburys.co.uk

A woman is shown from the back, standing in a shower. She has her hair tied up and is looking down. Her skin is covered in white soap suds. A large, cascading shower of pink flowers is falling over her, creating a dreamlike atmosphere. The background is a soft, out-of-focus green, suggesting foliage. In the bottom right corner, three bottles of Palmolive Naturals Shower Milk are displayed on a teal surface. The central bottle is 'Smooth Delight' with a gold cap and a 'NEW' sticker. To its left is a smaller bottle of 'Nourishing Delight' with a gold cap. To its right is a bottle of 'Unsustainable Softness' with a purple cap. Various natural ingredients like macadamia nuts, cocoa pods, and honey are scattered around the bottles.

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